

A portrait of Mr. Anthony Patterson, a man with a beard and mustache, wearing a dark hoodie, smiling broadly. The image has a purple tint.

Mr. Anthony Patterson

staff spotlight

Mr Anthony Patterson

Birthdate: September 23rd

Anthony has worked for the Eldon & Elsie Ward Family YMCA for what will be 15 years this coming April. He started as a Membership Enrollment Specialist and recently joined the facilities team this past November.

Anthony would like to Shout out all of the Active Older Adults and Silver Sneakers. Thank you for all your support and encouragement.

Anthony wants members to remember to look out for each other by wearing your mask, washing your hands and wiping down your machines before and after your workout.

top ten young adult users!

We sure do love our members, here is a list of all the Top 10 Young Adult Users at the Eldon & Elsie Ward Branch.



Jeremey M. - 21 scans

Deshane C. - 16 scans

Mary J. - 14 scans

Brianna N. - 13 scans

Joel C. - 13 scans

Mary B - 12 visits

Zach M. - 11 visits

Steven M. - 11 visits

Kwabena W. - 11 visits

Zack K. - 9 visits

Get your scans up and you can be on this list too!

Next Month we are going to be highlighting our Top 10 Active Older Adult Users. Will you be on our future top user?




news & updates

Black History Month

As we celebrate Black History Month and the legacy of the Eldon & Elsie Ward Family YMCA help us also celebrate all of our Legacy Members and Legacy Staff that have supported, loved, and nurtured the Eastside community throughout the years. Share your photos and memories with us.

The East Side YMCA Membership Enrollment Campaign for 1969 is now in progress. More than 100 volunteer men and women, boys and girls are engaged in this year's campaign to appeal to you for your individual or family membership. More than 700,000 individual services have been provided to boys and girls and adults in this community by the East Side YMCA since the branch opened six years ago. The Y is for all ages. When you are contacted by a campaigner, please give him or her your hearty cooperation by purchasing a membership for yourself or your family. If possible, add a contribution for the Branch Development Fund, which underwrites building and equipment maintenance and improvements. Your support is needed to continue the current program and to move toward new program activities to fill your individual or family needs. DO IT TODAY! Fill out the membership application above and mail or bring it to the East Side YMCA. This program is financed with assistance from United Appeal and your tax-deductible membership contributions.



You'll smile too when Executive Director Richard Carter hands you your own YMCA membership application. He's just been telling these people about the many activities available at the East Side YMCA. The Y is a great place—come and see for yourself.

This photo was shared by one of our Legacy members Mark Watkins. Mr Watkins is pictured here on the day he received his membership in 1969.

Check out our community members discussing their memories of the Spring Street YMCA and the Near East Side.



[View the video](#)

CONNECT CHANGE

The Eldon and Elsie Ward Family YMCA is excited to invite you to a one-of-a-kind experience this February! **Beginning Feb 4, join us online every Thursday for Connect 4 Change: 4 Weeks, 4 Causes, Impacting 1 Historic Community.** We'll explore our partnerships with Community Properties of Ohio, Columbus Urban League, and YWCA Columbus through powerful interviews with local families and program leaders. Then, tune in for our virtual finale event on February 25 at 6:00 PM as our leaders discuss a year of action to strengthen our Near East Side community. [Learn more and register for this free event today.](#)

Virtual Leaders Club is HERE!

The YMCA Leaders Club is a great way for teens to meet new people, explore new skills and make a difference in your community. All youth 12-18 are welcome to join and take part in this fun, interactive program. The cost is \$10 and the program starts February 11. [Sign up online here.](#)

Fresh Produce

March 2nd, 2021

The Eldon & Elsie Ward Family YMCA staff and volunteers will be hosting a "drive-through" Fresh Produce Market courtesy of Mid-Ohio Food Bank.

Now Hiring a Nutritionist

We are looking for a registered nutritionist to join our team to provide nutrition counseling for members. All Interested parties should email Marcy Yanus at marcy.yanus@ymcacolumbus.org.



fitness challenge

Crosstown Cardio Showdown Is Going Strong!

Make sure you have logged all of your cardio minutes and check the leaderboards to see the top competitors. Are you ready to lift, bench, jump, and row? Look out for more information on the next challenge.



Reminder: Masks Required

Anytime members are not actively working out, they need to wear their mask. Examples include, but are not limited to:

- entering and exiting the facility
- cleaning equipment
- walking between exercises on the fitness floor
- all common areas - pool deck, locker room, etc
- while in between sets in the free weight and weight machine areas

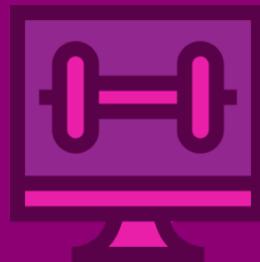
[How to Select, Wear, and Clean Your Mask](#)

Members are not required to wear their masks while on cardio machines, swimming or while engaged in activity in group fitness classes.

We want to hear from you!

How are we doing regarding safety? How has your experience been using our facilities? Do you feel safe? Has your health and wellness improved because we are open? Let us know!

How are we doing?



virtual ymca

Can't make it to the YMCA? No problem, our Virtual YMCA is always available to help you meet your goals, learn new things and participate in fun activities!

Workout at Home

Adults ages 50+

Kids & Families



Schedules & Reservations



Register for Programs



Suggestion Box



Download our free [mobile app](#).

ELDON & ELSIE WARD FAMILY YMCA

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We like to communicate with you in ways that work for you.