

MARCH 2021

ELDON & ELSIE WARD FAMILY YMCA



ymca men's shelter

This month we shine a spotlight on a place instead of a person - the YMCA Men's Shelter at 40 West Long Street in Columbus. Many of us don't realize all the good our membership dollars do for others and all the lives we touch without knowing.

The mission of the Men's Shelter is to support and strengthen the community by addressing the needs of those experiencing homelessness by providing immediate shelter and a safe environment to individuals seeking assistance while they resolve their housing crisis.

They protect basic human rights and meet human needs by providing safe shelter. They instill hope and provide support to our guests for their long-term

success through empowerment, community engagement and teamwork. Their main objective is to offer the assistance and support needed to stabilize and maintain independent housing while providing access to those supportive services needed in order to achieve the highest possible standard of living.

This space has been especially needed during the pandemic. Those experiencing homeless have been particularly vulnerable during the crisis due to the fact that shelters are typically crowded with not a lot of personal space. The space at the Men's Shelter allowed an additional 200 people in the community to find shelter as other facilities worked to enforce greater social distancing.

Services offered by the Men's Shelter include:

Case Management Employment Support
Meal Service
Housing Search Assistance

You already help this great cause with your membership dollars. However, if you wish to go a step further, donations are always welcome and needed:

Hand Sanitizer
Shampoo/Body Wash Bottled Water
Towels & Washcloths Clorox Wipes
Face Masks

top ten active older adults!



Lawrence B. - 21 visits

Wylie I. - 19 visits

Stephanie B. - 17 visits

Charlotte R. - 16 visits

Francisca F. - 15 visits

Anthony C. - 14 visits

Kimberly J. - 14 visits

James W. - 13 visits

Clifford G. - 12 visits

Monica S - 12 visits

Member Contest

Scan and win! The top 10 Members with the most scans during the month of March receive



a FREE water bottle.



news & updates

Fresh Produce

March 2nd, 2021

April 6th, 2021

The Eldon & Elsie Ward Family YMCA staff and volunteers will be hosting a "drive-through" Fresh Produce Market courtesy of Mid-Ohio Food Bank.

Daylight Savings Time Begins on March 14

Make sure you spring forward an hour as Daylight Savings Time starts on March 14. You want to be sure to be at the Y on time for the Group Exercise classes Monday morning!

First Day of Spring is March 20

Is there anyone that isn't excited about Spring this year? It has been a tough year with a cold, snowy winter. March 20, 2021 marks the Spring Equinox! Those increased minutes of daylight gives us more of a chance to partake in them. Studies show natural light boosts your body's vitamin D storage, leads to higher productivity, benefits vision, helps you sleep, and improves your mood.

Now hiring Lifeguards and Swim Instructors

Now hiring Lifeguards and Swim Instructors. No experience necessary. Training provided by the YMCA of Central Ohio. Must be at least 15 years old to apply. [Apply Today!](#)

LET'S TEXT!

Stay in touch with facility updates, announcements and other reminders from us.

Message and data rates may apply. Message frequency varies. Text HELP for help. Text STOP to cancel.

TEXT 'BELONG' TO 545-39 TO OPT IN



virtual ymca

Can't make it to the YMCA? No problem, our Virtual YMCA is always available to help you meet your goals, learn new things and participate in fun activities!

Workout at Home

Adults ages 50+

Kids & Families



Schedules & Reservations



Register for Programs



Contact Us



Download our free [mobile app](#).

ELDON & ELSIE WARD FAMILY YMCA

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We like to communicate with you in ways that work for you.