


 A portrait of Ms. Simpson, a woman with short brown hair and glasses, wearing a light blue t-shirt and a name tag. She is smiling slightly and looking towards the camera. The background is a teal gradient.
 

## Ms. Simpson

Lead Coordinator

## child care staff spotlight

Ms. Simpson is our Lead Coordinator of After School Services. She has been with the YMCA of Central Ohio for 14 years. Ms. Simpson started at the Ward YMCA as a site director and then transitioned to the Jerry Garver YMCA. When you see her, now at the Whitehall YMCA, she is always busy. Ms. Simpson is always coming up with unique activities for the children in the program.

She loves watching them play games that she created on our indoor turf field. When I asked Ms Simpson what her favorite part of her job was she said, simply, "the children". Ms. Simpson elaborated saying "I love to watch them absorb information and I love watching them grow. Even when you think they aren't paying attention, they are". After 14 years in our organization I asked her why she is still with the Y. Her answer was typical of her humor, she said

“now you're going to make me get all mushy”.

Ms. Simpson feels like she is making a difference in not only the children she works with but also the families and her co-workers. Working for the Y makes her feel better and while she could retire she is not quite ready because she enjoys what she is doing. Ms. Simpson said “some days can be frustrating but 99.9% of the time I enjoy what I am doing.

Ms. Simpson was one of the few that was able to keep working during the shut down due to the pandemic. She helped with childcare as an essential worker. Ms Simpson hopes that this new year brings with it “unification and peace”. Next time you see Ms. Simpson bustling in the halls or leading a line of kids give her a big smile and say hello!

## welcome new members!



- |                       |                      |
|-----------------------|----------------------|
| <b>1. Anita N</b>     | <b>6. Willa B</b>    |
| <b>2. William C</b>   | <b>7. Michael G</b>  |
| <b>3. Bonnie E</b>    | <b>8. Rebecca S</b>  |
| <b>4. Patricia M</b>  | <b>9. Brenda H</b>   |
| <b>5. Jeannetta H</b> | <b>10. Beverly L</b> |



### Member Contest

**Scan and win!** The top 10 Members with the most scans during the month of March receive a FREE water bottle.

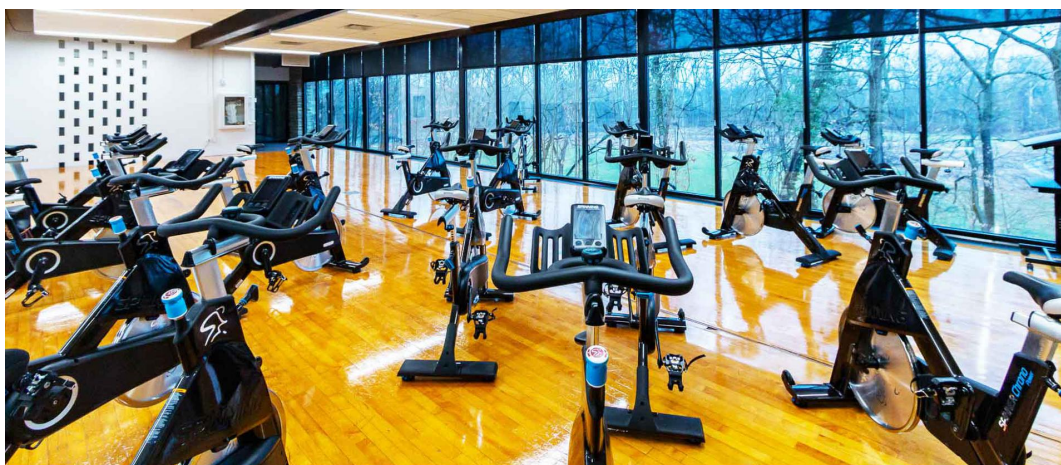


# news & updates



## Family Treat Making class

Join us for another Family Treat Making class. March 17, 2021 We will make yummy treats to celebrate St Patrick's Day! Space is limited so please register early. Registration will open March 1st. Early bird price is \$10, week of price is \$12.50.



## Lunch Time SPRINT

The YMCA is staying open from 12-12:30pm Tuesdays for a Lunch Time Sprint Cycling Class. Stop in for your lunch break to break a sweat and feel great for the rest of the week. [Reserve your spot now!](#)

## Summer at the Y!

Be on the lookout for registration information and get ready for your kids to have the best Summer at the Y!

## Virtual Leaders Club, it's not too late!

The YMCA Leaders Club is a great way for teens to meet new people, explore new skills and make a difference in your community. All youth 12-18 are welcome to join and take part in this fun, interactive program. The cost is \$10 and the program starts February 11! For more information [email Gretchen](#).

## Daylight Savings Time Begins on March 14

Make sure you spring forward an hour as Daylight Savings Time starts on March 14. You want to be sure to be at the Y on time for the Group Exercise classes Monday morning!

## First Day of Spring is March 20

Is there anyone that isn't excited about Spring this year? It has been a tough year with a cold, snowy winter. March 20, 2021 marks the Spring Equinox! Those increased minutes of daylight gives us more of a chance to partake in them. Studies show natural light boosts your body's vitamin D storage, leads to higher productivity, benefits vision, helps you sleep, and improves your mood.

## Now hiring Lifeguards and Swim Instructors

Now hiring Lifeguards and Swim Instructors. No experience necessary. Training provided by the YMCA of Central Ohio. Must be at least 15 years old to apply. [Apply Today!](#)



**next month**

## Follow us of Facebook!

[Follow us on Facebook](#) to see what programs and activities we will be offering in April!



# fitness challenge

## Description of challenge

We challenge you to increase your exercise goal by 30-45 minutes a week. Add a day to your workout schedule, start taking a new class, reserve the soccer field and challenge your family to a match! Anything goes! Beat the winter blues with movement!

## LET'S TEXT!

Stay in touch with facility updates, announcements and other reminders from us.

Message and data rates may apply. Message frequency varies. Text HELP for help. Text STOP to cancel.

**TEXT 'BELONG'  
TO 545-39 TO  
OPT IN**





# virtual ymca

Can't make it to the YMCA? No problem, our Virtual YMCA is always available to help you meet your goals, learn new things and participate in fun activities!

**Workout at Home**

**Adults ages 50+**

**Kids & Families**



**Schedules & Reservations**



**Register for Programs**



**Contact Us**



Download our free [mobile app](#).

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## **WHITEHALL COMMUNITY PARK YMCA**

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*We like to communicate with you in ways that work for you.*