



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# ENSURING BRIGHTER FUTURES

**2019-2020 Annual Report**  
**YMCA OF CENTRAL OHIO**  
**HEAD START**

## OUR MISSION

**We promote:**

- **positive child and family outcomes** to close the achievement gap
- **fostering a bright and healthy future** for the children, families and communities served by our Head Start program

# Head Start Family Demographics

Our Head Start program has the tremendous opportunity to serve many diverse communities. A diverse environment benefits all children, and shared learning activities open pathways for discussion, which ultimately enhance children's sense of belonging.<sup>1</sup>

Funded Enrollment

**504**

Total Families Served

**535**

Average Monthly Enrollment

**99.3%**

Total Children Served

**565**

Income Eligible\*

**73%**

Over Income

**10%**

Foster Child\*

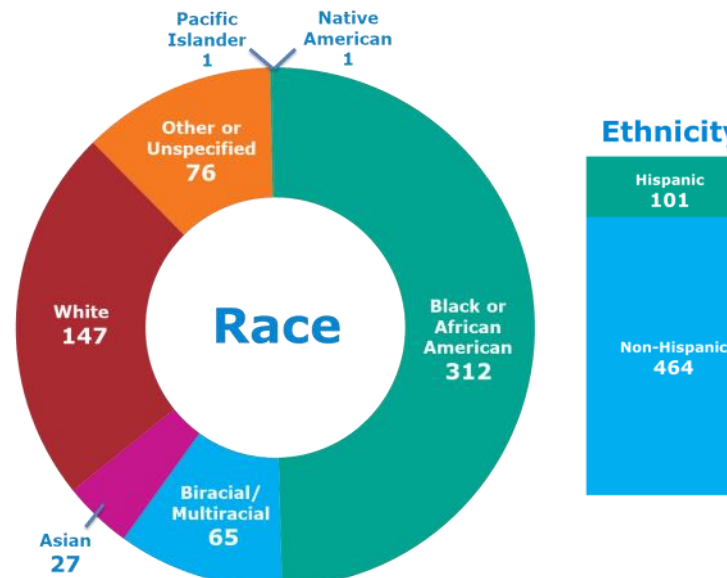
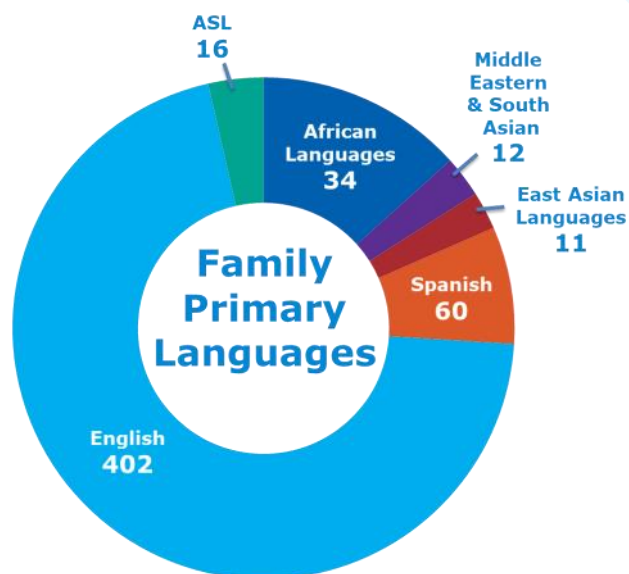
**2%**

Homeless\*

**11%**

Public Assistance\*

**3%**



\*Total Eligible Children Served—**89.6%**

<sup>1</sup> Shana Durand, "Sharing Diverse Cultures in Early Learning Settings." Educa, 8 Jul. 2016, [www.geteduca.com/blog/sharing-diverse-cultures-early-learning](http://www.geteduca.com/blog/sharing-diverse-cultures-early-learning).



## Education

To help prepare children for kindergarten, parents and teachers worked collaboratively to ensure an individualized approach was used to help children grow physically, socially, intellectually and emotionally.

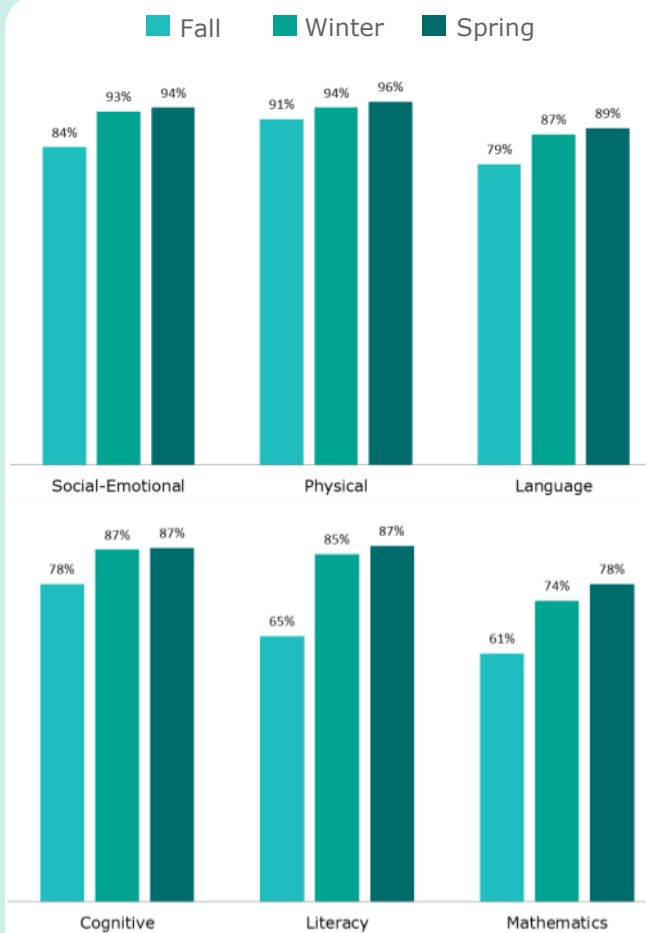
School Readiness goals were developed to ensure meaningful learning opportunities were provided based on the skills needed to be successful in kindergarten.

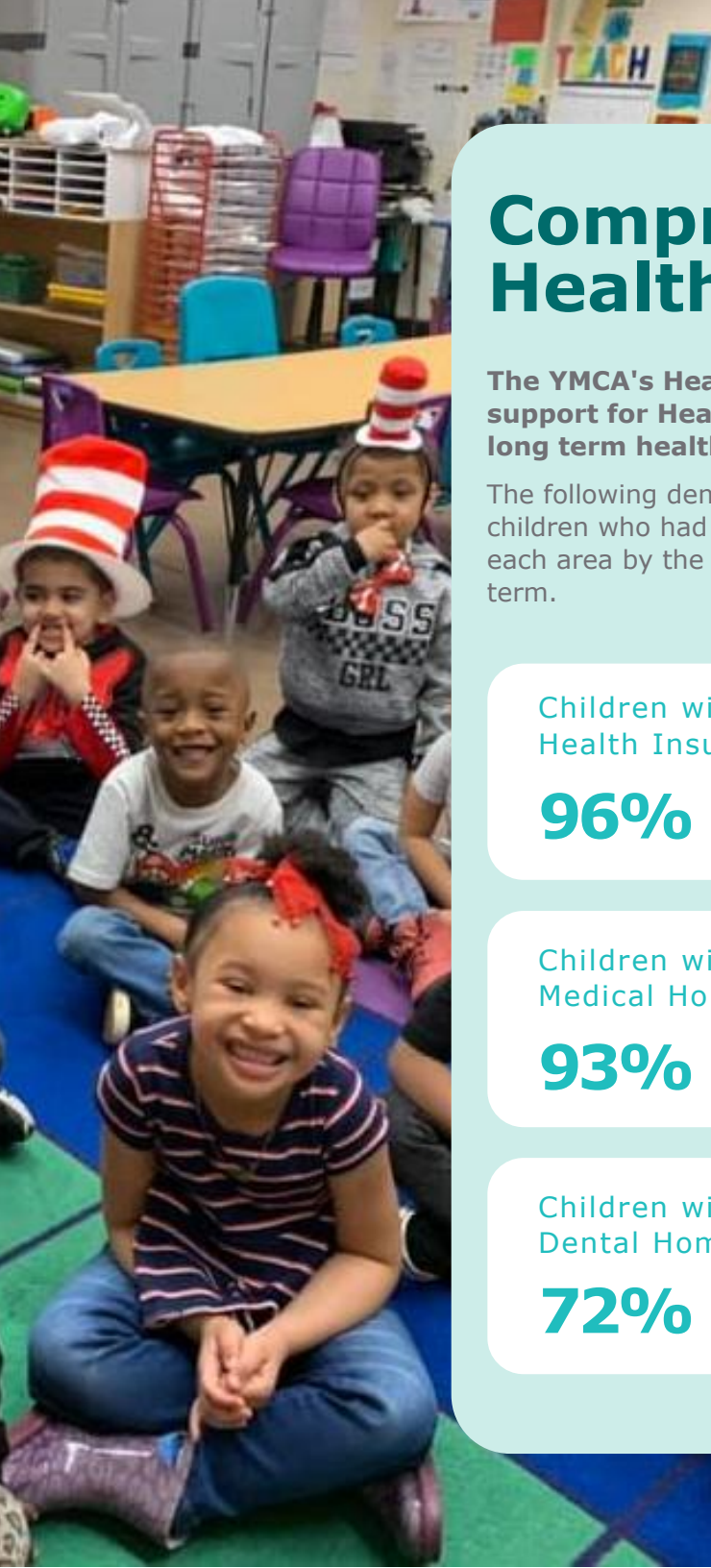
Data is collected three times a year to assess each child's progress. Continuous improvement efforts are made in utilizing the data to set long term program goals.

Long term program goal domains for the upcoming program term include Language, Literacy, and Mathematics.

## Developmental Growth

The percentages displayed below provide a snapshot of the amount of students that are Meeting and Exceeding within the developmental domains from the Fall, Winter, and Spring 2019-2020 checkpoints.





## Comprehensive Health Services

The YMCA's Head Start program provided support for Head Start families to acquire long term health care services.

The following demonstrates the percentage of children who had access to the services within each area by the end of the 2019-2020 program term.

Children with Health Insurance

**96%**



Children with a Medical Home

**93%**



Children with a Dental Home

**72%**



## Health Services Continued...

The YMCA's Head Start program ensures children with IEP are included in all aspects of programming or classroom.

Federal food and nutrition programs such as SNAP and WIC alleviate food insecurity for families.

Children with an IEP served

**8%**



Families receiving WIC

**42%**



Families receiving SNAP

**49%**

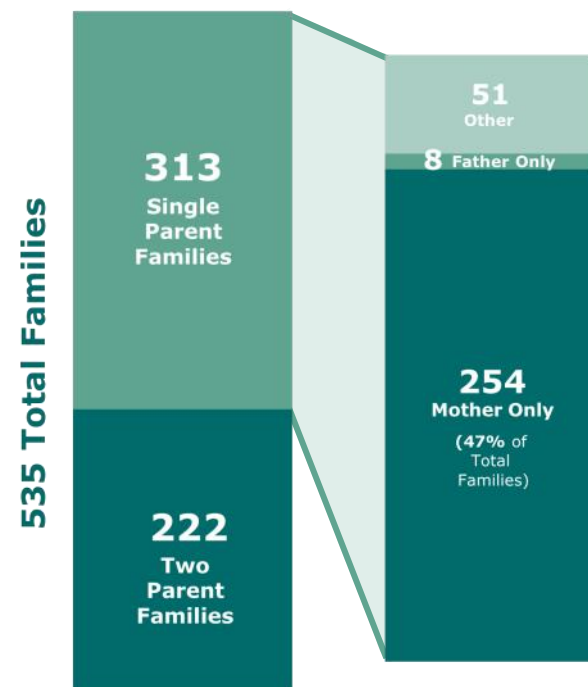




# Family Information

## Parent/Guardian Description

- 489** Parent(s) (e.g. biological, adoptive, stepmother)
- 9** Grandparents
- 8** Relative(s) other than grandparents
- 4** Foster Parent(s)
- 1** Other



# Family Information Continued...

## Parent/Guardian Education Level



## Parent/Guardian Employment, Schooling, Job Training

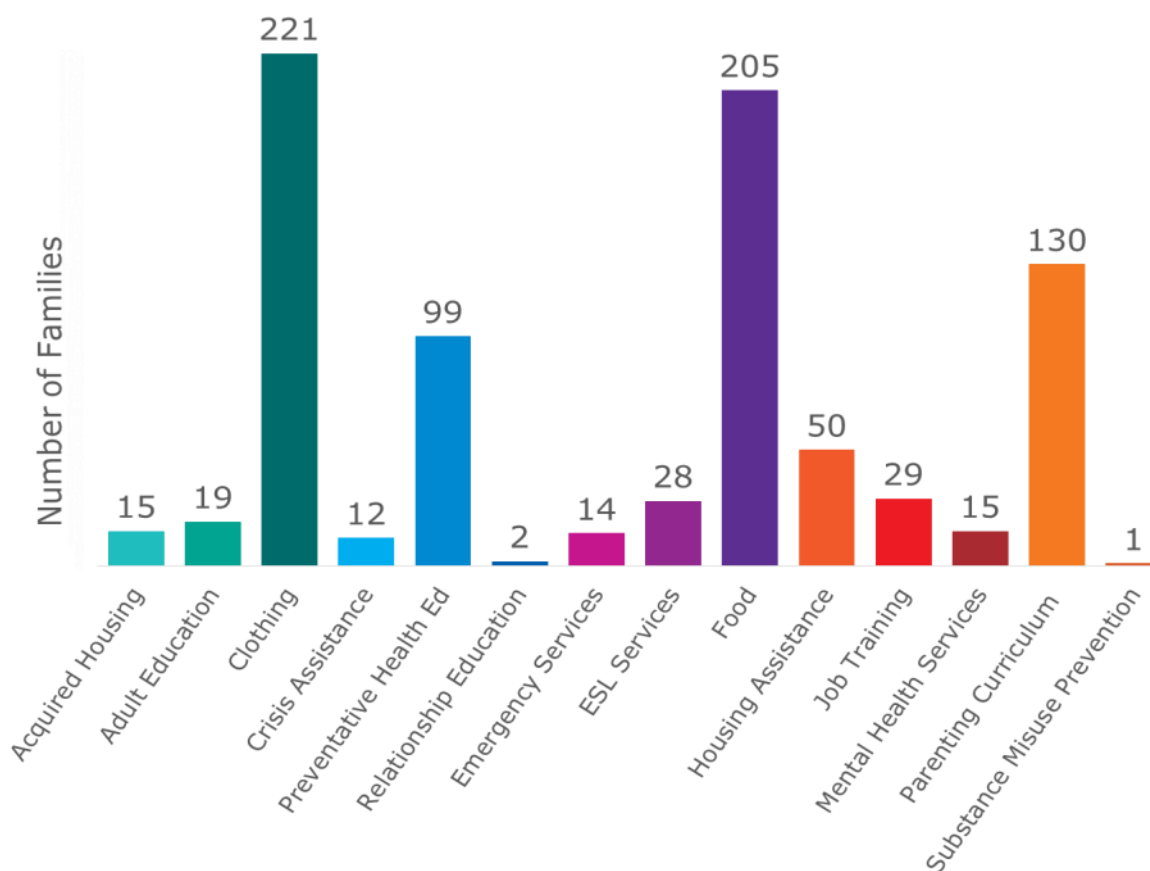


# Family Services and Engagement

**We offer a variety of family opportunities including:**

- Parent Meetings
- Family Food Drive
- Family Fun Days
- Volunteer Opportunities

**Services Families Received during the 2019-20 Program Term**



## Fiscal Update

From January 2020 to December 2020, we spent \$5,461,942 in Federal Head Start Dollars to support our educational efforts across all of our partnerships and centers. This includes a piece of the last grant cycle and the bulk of the current grant cycle.

Our total budget was \$5,622,172 across all budget categories. Our budget expenditures included personnel, fringe benefits, supplies, travel, equipment, and contract services. Our budget was crafted to support our overall program goals of increasing teaching retention, increasing school readiness, and strengthening community ties.

The results of the most recent review by the financial audit showed no findings or questioned costs.

We employed approximately 120 active positions during the 2019-20 Program Term.



## Staff Professional Development

**We are committed to ensuring that all of our Head Start staff are up to date on all training relevant to their position.**

We assess our training needs annually and plan our professional development opportunities around our program outcomes.

The following are some examples of what Professional Development was offered during the 2019-2020 Program Term:

- I am Moving, I am Learning
- ASQ 3 & ASQ SE
- DECA
- HATCH
- Conscious Discipline Parenting Curriculum

## Community Outreach

**The YMCA Head Start has developed strong relationships with several community partners who donate time, school supplies, technological resources and many other education-based opportunities.**

Our community partners include:

- PNC Bank
- BalletMet
- Columbus Museum of Art
- Columbus State Community College
- Catholic Social Services (Foster Grandparents)
- Mid-Ohio Food Bank
- Ohio Healthy Programs
- Buckeyes Against Hunger
- City Music
- SPARK/ECRN
- Growing Healthy Kids
- Walmart
- Justice
- WIC
- St. Vincent's
- Huntington Bank
- Nationwide Children's Hospital ECEMH







**"The COVID pandemic has been a challenging time and has deeply impacted our community in many ways.** With the challenges also came an opportunity for innovation and creativity as we looked for ways to stay connected and keep children and families engaged in virtual learning and support opportunities.

**We are extremely proud of the resiliency and the dedication our staff, families and especially our young learners have shown throughout the last year and are thankful that we have been able to provide on-going services throughout this difficult time. "**

**Kathleen Welz, M.Ed.**  
Head Start Executive Director  
YMCA of Central Ohio

**Contact Us for Enrollment Information**

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