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Dear Friends & Supporters,

The YMCA of Central Ohio envisions a future of strong communities where all people reach their full potential. This is our north star, our cause and why we exist. As we respond to community needs, we continue to create opportunities for access to guide and connect individuals to critical resources. The YMCA aims to ensure health, well-being and opportunity for all. We know when individuals fulfill their basic needs, they can achieve higher needs, leading them to reach their full potential.

What we believe will determine our future. We believe...

All families should have access to affordable,

- high-quality child care.
 Whole-person health is built from the inside out.
- Safe, stable, and affordable housing is necessary
- for achieving security and other basic needs.

Because of our reach and breadth of services,

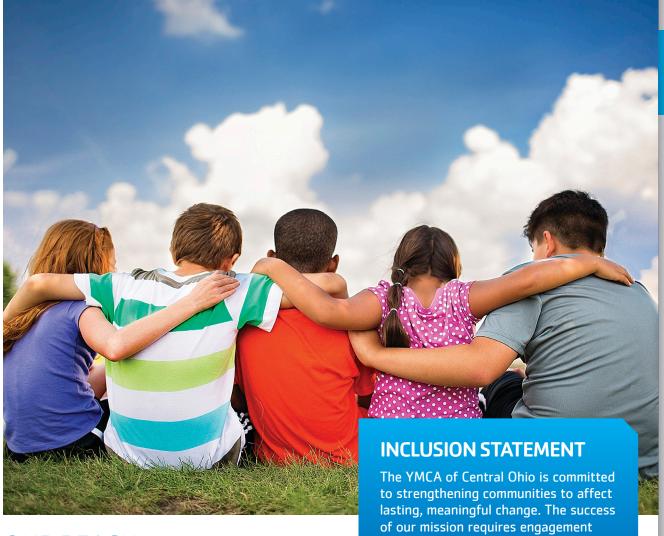
the YMCA is uniquely positioned to connect individuals with programs and resources that address our region's most critical issues: Housing, Emergency Shelter, Child Care, Youth and Teen Engagement and Community Health and Well-Being.

The YMCA of Central Ohio remains committed to partnerships and solutions that ensure we remain nimble and inclusive to the communities we serve. **Together, we can continue to transform lives.**

In Service,

Tony Collins, President & CEO Mark Slayman, Chair, Board of Trustees





OUR REACH

With unwavering determination, the YMCA of Central Ohio drives transformational social change by building strong communities that extend beyond our YMCA Community Centers. We serve five Central Ohio counties.

Our greatest impact is felt through our YMCA Community Centers, Youth Development programs, Emergency Shelter services and Community Outreach programs. Meeting individuals in their time of need and helping them is the core of the YMCA's mission.

The YMCA of Central Ohio is committed to strengthening communities to affect lasting, meaningful change. The success of our mission requires engagement of our entire community, and is only attainable when diversity and inclusion are core to our planning, programming, staffing, communications, organizational structure and partnerships.



CLICK HERE TO LEARN ABOUT OUR COMMITMENT

Learn more about the YMCA's commitment to Anti-Racism, Diversity, Equity and Inclusion.

OUR IMPACT THROUGHOUT CENTRAL OHIO

COMMUNITY CENTERS

Improving health and well-being for 106,000 individuals

84
LICENSED CHILD
CARE SITES

Preparing 5,000+ children to be successful learners

242

PERMANENT SUPPORTIVE HOUSING UNITS

Providing affordable housing and supportive services to individuals at risk of becoming homeless again 94

RAPID REHOUSING PROGRAMS

Serving 986 households by helping them find and secure stable housing

OVERNIGHT CAMP

Helping 1,000+ kids each summer achieve new goals and gain independence 10+

COMMUNITY OUTREACH PROGRAMS

Meeting critical needs for more than 6,000 individuals

NEW AMERICAN
WELCOME CENTER

Assisting 382 New Americans with integration services





YOUTH DEVELOPMENT

EMPOWERING ALL YOUTH TO REACH THEIR FULL POTENTIAL

Every family's needs are different, and each child is unique. That's why the YMCA of Central Ohio offers many high-quality, licensed child care programs for all families, meeting every child where they are in life and helping them succeed.

On average, we serve more than 5,000 working families annually so parents and caregivers can have peace of mind while participating in the workforce. Early learning is critical to a child's academic success. At the YMCA of Central Ohio, 90% of children are ready for kindergarten, compared to a 40% success rate in Franklin County and a 41% success rate in Ohio. We also take pride in our strong partnerships for before and after school care with 13 Central Ohio school districts.

We served just over 30,000 children in 2023 through our Youth Development programs — such as Youth Sports, Swim Lessons, Teen Leaders and Camp — that build social-emotional intelligence, self-awareness, empathy, positivity, critical thinking and leadership skills. Thanks to our partners' generosity, STEM education is embedded into many of these programs. Their support and partnership have been critical in helping ensure children from underserved communities have access to STEM education.



30,000 CHILDREN
Served last year through YMCA Youth
Development programs such
Surious School Child Care, Early Learning programs and Camp, that build social-emotional intelligence, self-awareness, empathy, positivity, critical thinking and leadership skills

2,639 CHILDREN



Served in our Summer Day Camp Programs and at Camp Willson Overnight Camp in 2023, because learning life skills extend beyond the classroom



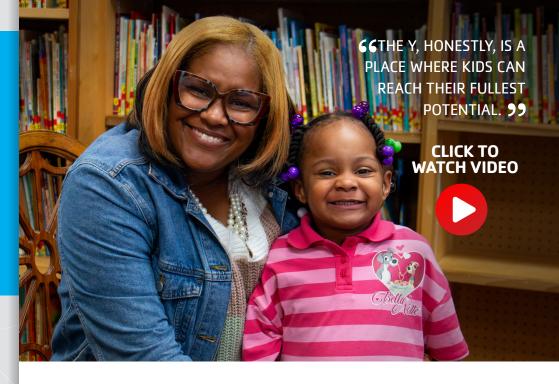
213 STUDENTS

Were referred to the YMCA of Central Ohio's **Positive Alternative Learning for Students program** (PALS) as a structured alternative to out-of-school suspension

95 TEENS

Took part in YMCA Leadership Programs, helping them to develop new skills





Empowering Growth: Taja & Charlie's Triumphs at the YMCA

The YMCA's Early Learning Center has been an absolute game-changer for Taja Hammond and her family. Each of her children found ways to flourish through YMCA programs, so Taja knew where to turn to find quality education for her youngest daughter, Charlie.

Charlie is an energetic, sociable child, and the YMCA Early Learning Center provided an environment where she thrived.

"I'm really excited that she has a passion for education at an early age," Taja says. "When she leaves this building to go into a K-12 setting, she will be well equipped."

Taja credits the YMCA with instilling a genuine passion for learning in Charlie, ensuring she'll be well-prepared for the transition to kindergarten and beyond. "I'm super, super excited that when she transitions to kindergarten, she will not only be a student in the classroom, but a leader."

What sets the YMCA apart for Taja is not just the quality of education but also the sense of trust and security it offers. With robust communication systems, Taja feels deeply connected to Charlie's daily activities, knowing she's in safe hands every step of the way.

Taja recommends the YMCA's Early Learning Center to parents seeking a nurturing and empowering environment for their children because "it honestly is a place where kids can reach their fullest potential."



Improved their health and well-being through membership in YMCA Community Centers



1,988,000

Member visits to all YMCA Community Centers



50,000+

Seniors visited our YMCAs to stay active and combat loneliness



\$1,293,658
Financial assistance

Financial assistance awarded to ensure access to opportunities



8,000+

Children and adults learned to swim, making them safer around water



3,000+

Individuals served through YMCA programs that work with children, teens and adults who have special healthcare needs and disabilities



HEALTHY LIVING

IMPROVING INDIVIDUAL AND COMMUNITY WELL-BEING

Access to health and wellness is a mission-critical indicator of strong communities. Every day, five generations cross paths in our YMCAs to achieve new goals, build relationships and share a sense of belonging. The YMCA is a guide for healthy living so that more people in our communities become active, not only to reduce chronic disease and obesity but also to combat mental health challenges like anxiety, depression and feelings of loneliness.

Existing across four counties, YMCA Community Centers are the heart of service to our communities.

YMCA community centers are a catalyst for intergenerational community building and help connect their neighborhood to additional YMCA programs and services that align with our commitment to Youth Development, Healthy Living and Social Responsibility. We believe by engaging our youngest and oldest generations and those in the middle, addressing their needs and bringing them together, we can ensure that our communities are a good place for children to grow up and adults to age well.





382

COMMUNITY MEMBERS

Provided with useful resources and tools

300+

ATTENDEES

Representing family members and guests took part in our Naturalization Ceremony 148

NEW CITIZENS

Were sworn during a Naturalization Ceremony

NEW AMERICAN WELCOME CENTER

The YMCA's New American Welcome Center (NAWC) helps immigrants integrate into American society and prepares communities to be welcoming and inclusive. NAWC combines integration services, collaborations with community leaders and businesses, and strategies to build cross-cultural understanding between immigrants and U.S.-born residents.

SOCIAL RESPONSIBILITY

INSPIRING ACTION AND CHANGE IN OUR COMMUNITIES

With unwavering determination, the YMCA of Central Ohio drives transformational social change by building strong communities that extend beyond our YMCA Community Centers. Family and inclusive communities are the building blocks for meaningful, lasting social change. Our focus on making holistic community health and well-being accessible is the cornerstone of our approach to social responsibility.

The YMCA's transformational programs and services are provided daily to help those who need it most. Community outreach to increase housing stability, family support and emergency services are part of the YMCA's commitment to social responsibility. We believe housing is a basic human need and is essential to a person reaching their full potential. In 2023, the YMCA of Central Ohio helped 1,800 individuals maintain or obtain stable housing. More than 5,900 individuals, 1,298 of them children, were provided with a safe place and warm meal at the YMCA Van Buren Center.

It's critical to our health and well-being that we feel included and connected to those around us. From assisting New Americans with integration services to helping individuals experiencing homelessness find and stay in housing, or providing families with resources to increase academic, housing and income stability, the YMCA's ability to adapt and serve communities is unmatched.



A Beacon of Hope: The YMCA Van Buren Center's Impact on Franklin **County Families**

In Franklin County, The Van Buren Center, operated by the YMCA, is a critical lifeline for those facing homelessness. Serving up to 800 individuals nightly, it is one of the largest emergency shelters in the region, providing immediate, low-barrier access to those in need.

Among its residents are families with children who have unique challenges, like the Jones family, who arrived with their child with autism. The shelter's staff provides sensory toys and noise-canceling headphones, **creating** a supportive environment that eases the stress for sensitive children and their families.

The YMCA Van Buren Center offers comprehensive services, including case management, employment resources, workshops, on-site medical care, meal services and housing search assistance. This holistic approach helps families regain stability and work towards a briahter future.

For families like the Joneses, the YMCA Van Buren Center is more than a shelter—it's a place of hope and new beginnings, demonstrating the power of community and compassion.

EMERGENCY SHELTER SERVICES

The YMCA Van Buren Center has served more than 45,000 individuals since 2014.

- Largest provider of emergency shelter services throughout Central Ohio
- Impact being made is in partnership with the Community Shelter Board and several other partners offering resources and services

222,156 **MEALS**

5,904

INDIVIDUALS

5,857

2,763 **VOLUNTEERS**

VOLUNTEER Served to those without a home

HOURS

1,298 **CHILDREN**

1,841 WOMEN

Served at YMCA Van Buren Center and provided a safe place and warm bed







1,024 **FAMILIES**

Were served in our Stable Families program

61% OF FAMILIES Increased their

income

Achieved housing stability

STABLE FAMILIES

Thanks to the Siemer Institute and United Way of Central Ohio, the YMCA's Stable Families Program helps bring stability to families by focusing on education, housing and income stability. The YMCA's Stable Families impact exceeds national benchmarks for success.

RAPID RE-HOUSING

Rapid Re-Housing helps individuals experiencing homelessness find housing fast, pay for initial housing costs and stay in housing.

986

HOUSEHOLDS

Served in our RRH programs **58%**

SUCCESS RATE

Obtained stable housing

PERMANENT SUPPORTIVE HOUSING

Permanent Supporting Housing (PSH) is a costeffective model that combines affordable housing with supportive services to serve people who have experienced long-term homelessness and have a disability.

> **260 HOUSEHOLDS**

Served in our PSH programs

98% **SUCCESS RATE**

Of staying stably housed

Finding Stability and Success: Jessica's Inspiring Journey

The connections to many resources that single mother Jessica experienced at the YMCA of Central Ohio changed the trajectory of her life and her daughter's life.

The YMCA was a presence in Jessica's life throughout childhood. When she grew up and had her own daughter, she turned to the YMCA for child care so that she could finish her college education. The Y provided a lifeline that empowered her to get her degree while providing her daughter with enriching after-school programs and swimming lessons.

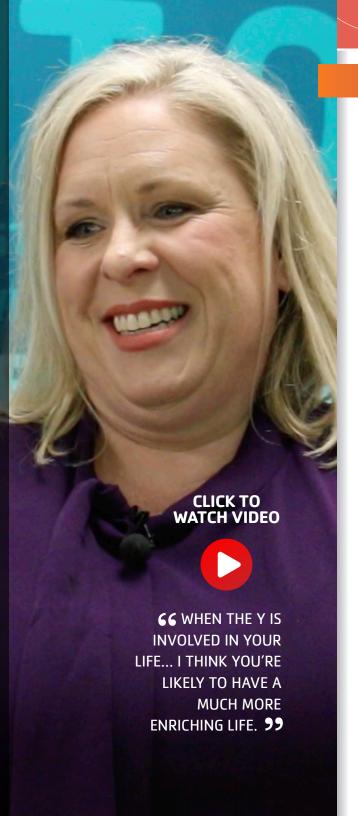
For years Jessica relied on Social Security for the stability her family needed. Once she achieved a college degree, she was ready to enter the workforce and start a new life. But financial challenges threatened to derail her progress. She faced the possibility of losing her housing.

"I couldn't finish my journey to get into a position where I can get hired... if I didn't have a roof over my head," Jessica said. Then she connected with the YMCA's Stable Families Program, which offers comprehensive resources including financial aid. Jessica's dedicated caseworker provided a listening ear and a comprehensive network of assistance, enabling her to keep her family home and empowering her to find a new job using her degree.

"When I was finally able to receive that help, I was able to take a breath and focus on those final steps. It's a sense of relief when you get to cross the finish line," Jessica said.

Now ready to launch her new career, Jessica is enjoying a profound sense of independence. "Being able to self-sustain your own needs is amazing," she said. As an added bonus, she is proud to report that her daughter is now a competitive swimmer and works as a lifeguard at their local YMCA.

Jessica is ready to share her story as a testament to the transformative power of programs like YMCA's Stable Families. She wants to show the community that the Y is more than a gym or a pool. "When the Y is involved in your life... I think you're likely to have a much more enriching life."



STRONG COMMUNITIES

For the YMCA of Central Ohio, community is more than just a neighborhood or a gathering of people. Strong communities are a goal to work towards and a tool for sparking social change. Our impact extends beyond our centers, improving lives and guiding transformation. Everything the YMCA of Central Ohio does aims to ensure health, well-being, and opportunity for all. With our broad reach and diverse social services, the YMCA is uniquely positioned to connect individuals with resources to meet our communities' most critical needs.

COMMUNITY HEALTH & WELL-BEING

WHY NOW: Because our communities are experiencing increases in isolation, loneliness, obesity and sedentary lifestyles.

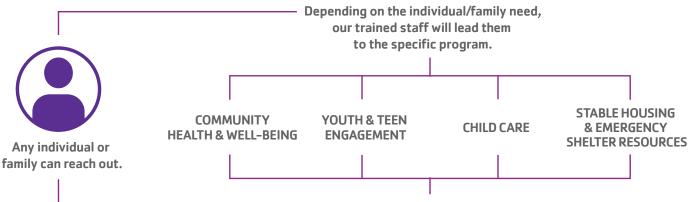
HOW WE DO IT: YMCA Community Centers serve five generations with resources to improve physical, mental and social health. These centers provide a place for seniors to escape loneliness and for families to strengthen bonds, stay active and find support. People from all backgrounds find community and resources to improve or prevent health conditions. Each center serves all abilities, offering financial assistance and connections to YMCA programs for child care, housing, emergency shelter, New American integration services, developmental screenings, food insecurity and family stability resources.

OUR PROGRAMS: Individual, Family or Corporate Memberships, Unlimited Group Fitness Classes, Child Watch for families, Day Camp, Food Produce Giveaways, Teen Leaders Club, Silver Sneakers, Renew Active Fit, Active Older Adult activities, Water Fitness, Personal Training, Adult Sports like Pickleball, Virtual / On Demand Fitness Classes, Virtual / On-Demand enrichment activities for children, Virtual / On Demand Meditation resources and Swim Lessons for all ages





Serving our neighbors through YMCA community centers and social services



STRONG COMMUNITIES WHERE ALL PEOPLE REACH THEIR FULL POTENTIAL

YOUTH & TEEN ENGAGEMENT

WHY NOW: Because our youth are experiencing increases in violence, mental health, lack of self-esteem and exposure to life skills.

HOW WE DO IT: Beyond several high-quality programs, the YMCA offers equitable programming to ensure every child has the opportunity to gain a solid foundation, helping them become kindergarten-ready and successful learners. We focus on making sure vulnerable children and their families receive the support they need to overcome the learning and developmental challenges of economic hardships. For the older kids who need extra support. we ensure these students have caring adults and a safe place to continue learning after school or while serving out-of-school suspension. Teen Leaders Club also helps youth at an impressionable age learn new things like the value of leadership skills, civic engagement and teamwork while giving them a sense of belonging.

OUR PROGRAMS: Supporting Partnerships to Assure Ready Kids (SPARK), Head Start, Early Intervention, Positive Alternative Learning for Students (PALS), Teen Leaders Club, Teen Camp, Counselors-In-Training

CHILD CARE

WHY NOW: Because affordable, high-quality child care impacts the workforce and our children's academic success.

HOW WE DO IT: We are the largest provider of child care, providing high-quality, licensed options for all families through five Central Ohio counties. Our commitment to safety, high-quality programming and accessibility is at the core of our curriculum and staff training. Half- or full-day preschool options and early learning programs are offered throughout three Central Ohio counties. In addition, we offer before and after school care in 13 school districts. We ensure kids have a safe place, a snack, and homework help while parents are at work.

OUR PROGRAMS: Half-day preschool, Full-day preschool, Early Learning, Before and After School Care (Y Club)

STABLE HOUSING & EMERGENCY SHELTER RESOURCES

WHY NOW: Because our communities are experiencing a lack of affordable and safe housing.

HOW WE DO IT: The YMCA offers many resources and services, from helping families secure shelter or individuals needing to obtain housing quickly or maintain the housing they are in. Our goal is to make sure everyone has a home. We are the largest provider of emergency shelter services and leader in Rapid Re-Housing in Central Ohio. Since 2014, the YMCA's Van Buren Center has served over 45,000 individuals experiencing homelessness with the help of our funders, like the Community Shelter Board, and many partners.

OUR PROGRAMS: Permanent Supportive Housing (PSH), Rapid Re-Housing services and Emergency Shelter



OUR LEADERSHIP

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First Vice Chair Managing Partner - Columbus Ice Miller LLP

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VP. Community Strengthening

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Reynoldsburg Community Center YMCA

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North YMCA

David Cepek

Gahanna/John E. Bickley YMCA

Chad Frush

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Liberty Township/Powell YMCA

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Jeff Hill

Delaware Community Center YMCA

Bill Hughett

Whitehall Community Park YMCA

Erika Konowalow

Pickaway County Family YMCA

Brad Kunze

Don M. And Margaret Hilliker YMCA

Vacant

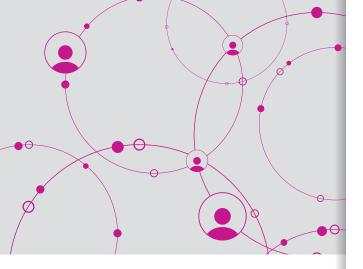
Eldon & Elsie Ward Family YMCA

Vacant

Jerry L. Garver YMCA

Joshua Zimmerman

YMCA Van Buren Center

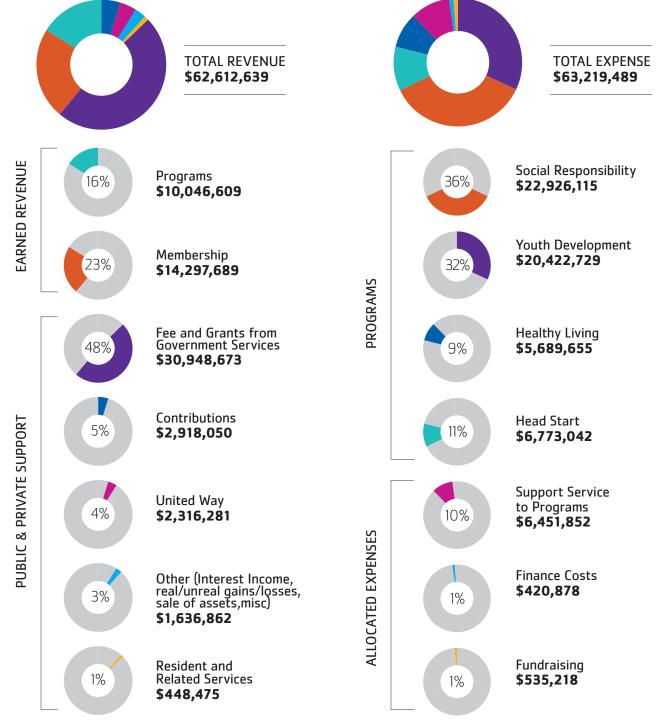


FINANCIALS

FY2023 FINANCIAL REPORTING

Generating resources to strengthen communities where all people reach their full potential, the YMCA of Central Ohio is a responsible steward of public and private dollars. An investment in the YMCA is an investment in the community. This includes membership, programs, child care, donations and volunteer service. Your involvement and support of the Y leads to a greater footprint of impact and transformation. Thank you to our dedicated staff, donors, members and volunteers for another year of tremendous impact across Central Ohio. Without you, this work would not be possible.







FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



ENVISIONING OUR FUTURE

With our recently launched ALL IN strategic plan, the YMCA of Central Ohio is more determined than ever to create strong communities where all people reach their full potential. We are committed to improving lives and listening to the communities we serve to find solutions for their most pressing needs.











To learn more about our impact, visit ymcacolumbus.org

The YMCA of Central Ohio is a nonprofit, 501(c)(3).