



Glenn Davis
Facilities

staff spotlight

My name is Glenn Davis. I have worked for the YMCA now for 36 years, my first 29 years at the Hilltop branch and the last nine years at Grove City. My favorite thing about working at the Y is making a difference in the community, and each day is something different. I love the Y because it allows me to be creative in how I look at things that can help the community. Glenn's wife, Tammy, and the two kids love taking swim lessons and participating in gymnastics.

top ten young adult users!



Levi D. - 18 scans

Richard M. - 17 scans

Chris B. - 16 scans

Brian L. - 16 scans

Rachel B. - 15 scans

Matheu R. - 15 scans

Zachery G. - 13 scans

Griffin P. - 13 scans

Brandon S. - 12 scans

Michelle G. - 11 scans

Jacob H. - 11 scans



news & updates

COMING SOON!

- **Personal Training**

We all need the advice of an expert sometimes, as well as the personal attention that comes with a trainer or coach. The Y offers personal, semi-private and small group training to help you set and meet your specific goals in order to live healthier. For information on packages and [fill out an interest form](#).

- **Hot Tub**

- The hot tub is available during the designated pool times.
- Max of 2 participants at a time

- Please see the Member Services desk for more information.
- **Child Watch** Playful, engaging options are plentiful for young children while you exercise or connect with others over shared interests.

Now Hiring a Nutritionist

We are looking for a registered nutritionist to join our team to provide nutrition counseling for members. All Interested parties should email Marcy Yanus at marcy.yanus@ymcacolumbus.org.

CONNECT CHANGE

The Eldon and Elsie Ward Family YMCA is excited to invite you to a one-of-a-kind experience this February! Beginning Feb 4, join us online every Thursday for Connect 4 Change: 4 Weeks, 4 Causes, Impacting 1 Historic Community. We'll explore our partnerships with Community Properties of Ohio, Columbus Urban League, and YWCA Columbus through powerful interviews with local families and program leaders. Then, tune in for our virtual finale event on February 25 at 6:00 PM as our leaders discuss a year of action to strengthen our Near East Side community. [Learn more and register for this free event today.](#)



fitness challenge

Alphabet Fitness Challenge

Are you looking for a new, creative, and effective way to get your body moving? Well, you're in for a treat!

Stop by the Member Service Desk today and pick up a copy of the Alphabet Fitness Challenge.

Complete by March 1 and bring the finished sheet to Member services to enter a drawing for a prize. *All will be done on the honor system. If you have any questions, please feel free to see the member service desk.

Reminder: Masks Required

Anytime members are not actively working out, they need to wear their mask. Examples include, but are not limited to:

- entering and exiting the facility
- cleaning equipment
- walking between exercises on the fitness floor
- all common areas - pool deck, locker room, etc
- while in between sets in the free weight and weight machine areas

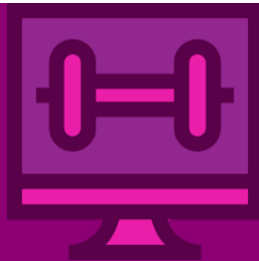
[How to Select, Wear, and Clean Your Mask](#)

Members are not required to wear their masks while on cardio machines, swimming or while engaged in activity in group fitness classes.

We want to hear from you!

How are we doing regarding safety? How has your experience been using our facilities? Do you feel safe? Has your health and wellness improved because we are open? Let us know!

How are we doing?



virtual ymca

Can't make it to the YMCA? No problem, our Virtual YMCA is always available to help you meet your goals, learn new things and participate in fun activities!

[Workout at Home](#)

[Adults ages 50+](#)

[Kids & Families](#)



[Schedules & Reservations](#)



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[Suggestion Box](#)



Download our free [mobile app](#).

GROVE CITY YMCA

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We like to communicate with you in ways that work for you.