



## Eldon & Elsie Ward Family YMCA | May 26th - June 1st

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>4 Lap Lanes</b> Indoor Pool					6:15AM-10:00AM (Lap Pool)		
<b>SilverSneakers Classic</b> Gymnasium					9:00AM-10:00AM (Active Older Adult) <i>Staff Y.</i>		
<b>2 Lap Lanes</b> Indoor Pool					10:00AM-11:00AM (Lap Pool)		
<b>SilverSneakers CardioFit</b> Wellness Studio					10:00AM-11:00AM (Active Older Adult) <i>Karen G.</i>		
<b>3 Lap Lanes</b> Indoor Pool					3:15PM-5:30PM (Lap Pool)		
<b>Family Open Swim</b> Indoor Pool						10:15AM-2:15PM (Lap Pool)	