



Hilliard/Ray Patch Family YMCA | May 26th - June 1st

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Gymnasium					5:30AM-8:50AM (Gymnasium) 10:00AM-10:50AM (Gymnasium) 2:30PM-5:30PM (Gymnasium)	10:00AM-5:30PM (Gymnasium)	10:00AM-1:50PM (Gymnasium) 4:00PM-5:30PM (Gymnasium)
6 Lap Lanes & Shallow Water Area Indoor Pool					5:30AM-7:00AM (Lap Pool)	8:00AM-5:45PM (Lap Pool)	
Yoga Mind Studio One					6:00AM-7:00AM (Mind Body) <i>Sarah B.</i>		
8 Lap Lane & Shallow Water Area Indoor Pool					7:00AM-9:00AM (Lap Pool) 10:30AM-11:00AM (Lap Pool) 12:00PM-3:00PM (Lap Pool)		
Cycling Studio A/B					8:05AM-9:00AM (Cycling) <i>Monica T.</i>		
Scheduled Programming Gymnasium					9:00AM-10:00AM (Gymnasium)		2:00PM-4:00PM (Gymnasium)
5 Lap Lanes & Shallow Water Area Indoor Pool					9:00AM-10:30AM (Lap Pool)		
SilverSneakers Classic Gymnasium					9:00AM-10:00AM (Active Older Adult) <i>Lory D.</i>		
Y Stretch Studio One					9:15AM-10:15AM (Mind Body) <i>Daniele D.</i>		
SilverSneakers EnerChi Studio A/B					10:15AM-11:15AM (Active Older Adult) <i>Lory D.</i>		
5 Lap Lanes Indoor Pool					11:00AM-12:00PM (Lap Pool)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball Gymnasium					11:00AM-2:30PM (Gymnasium)	8:00AM-10:00AM (Gymnasium)	
Line Dance Studio One					11:15AM-12:15PM (Dance) <i>Lory D.</i>		
Enhance Fitness Studio One					12:30PM-1:30PM (Active Older Adult) <i>Nancy W.</i>		
4 Lap Lanes & Family Swim Indoor Pool					3:00PM-7:45PM (Lap Pool)		1:30PM-3:30PM (Lap Pool)
Pick Up Basketball Court 2					5:30PM-7:30PM (Gymnasium)		
Half Gym Open Court Court 1					5:30PM-7:30PM (Gymnasium)		
Slide Open Indoor Pool					6:00PM-7:00PM (Slide)		
BODYCOMBAT™ Studio One						8:05AM-9:00AM (Les Mills) <i>Kendra S.</i>	
Yoga Flow Studio A/B						9:00AM-10:00AM (Mind Body) <i>Sara S.</i>	12:00PM-1:00PM (Mind Body) <i>Shelley B.</i>
BODYPUMP™ Studio One						9:30AM-10:30AM (Les Mills) <i>Kendra S.</i>	10:30AM-11:30AM (Les Mills) <i>Jackie W.</i>
Zumba Studio One						11:00AM-12:00PM (Dance) <i>Carmen P.</i>	
7 Lap Lanes & Family Swim Indoor Pool							10:00AM-5:45PM (Lap Pool)
Pound Studio One							1:30PM-2:30PM (Cardio) <i>Robin M.</i>