



## Hilliard/Ray Patch Family YMCA | April 20th - April 26th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Line Dance</b> Studio One <a href="#">REGISTER</a>					11:15AM-12:15PM (Dance) <i>Lory D.</i>		
<b>8 Lap Lane &amp; Shallow Water Area</b> Indoor Pool					12:00PM-7:45PM (Lap Pool)		
<b>Enhance Fitness</b> Studio One <a href="#">REGISTER</a>					12:30PM-1:30PM (Active Older Adult) <i>Alison H.</i>		
<b>Open Gym</b> Gymnasium					2:30PM-7:45PM (Gymnasium)	10:00AM-5:30PM (Gymnasium)	10:00AM-1:50PM (Gymnasium)  4:00PM-5:30PM (Gymnasium)
<b>Cycling</b> Studio A/B <a href="#">REGISTER</a>					4:30PM-5:15PM (Cycling) <i>Sara S.</i>		
<b>Pickleball</b> Gymnasium						8:00AM-10:00AM (Gymnasium)	
<b>8 Lap Lanes &amp; Family Swim</b> Indoor Pool						8:00AM-10:00AM (Lap Pool)	
<b>BODYCOMBAT™</b> Studio One <a href="#">REGISTER</a>						8:05AM-9:00AM (Les Mills) <i>Kendra S.</i>	
<b>Yoga Flow</b> Studio A/B <a href="#">REGISTER</a>						9:00AM-10:00AM (Mind Body) <i>Sara S.</i>	
<b>BODYPUMP™</b> Studio One <a href="#">REGISTER</a>						9:30AM-10:30AM (Les Mills) <i>Phil D.</i>	10:30AM-11:30AM (Les Mills) <i>Kevin S.</i>
<b>7 Lap Lanes &amp; Family Swim</b> Indoor Pool						10:00AM-5:45PM (Lap Pool)	10:00AM-5:45PM (Lap Pool)
<b>Zumba</b> Studio One <a href="#">REGISTER</a>						11:00AM-12:00PM (Dance) <i>Carmen P.</i>	

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<b>Yoga Flow</b> Studio One <a href="#">REGISTER</a>							12:00PM-1:00PM (Mind Body) <i>Phil D.</i>
<b>Pound</b> Studio One <a href="#">REGISTER</a>							1:30PM-2:30PM (Cardio) <i>Kait W.</i>
<b>Scheduled Programming</b> Gymnasium							2:00PM-4:00PM (Gymnasium)