



Whitehall Community Park YMCA | August 17th - August 23rd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Field Athletic Field	6:30AM-3:00PM (Open Field) Staff Y.	6:30AM-10:00AM (Open Field) Staff Y. 11:00AM-3:00PM (Open Field) Staff Y.	6:30AM-9:00AM (Open Field) Staff Y. 11:00AM-3:00PM (Open Field) Staff Y. 6:00PM-8:00PM (Open Field) Staff Y.	6:30AM-10:00AM (Open Field) Staff Y. 11:00AM-3:00PM (Open Field) Staff Y.	9:00AM-12:45PM (Open Field) Staff Y.		
Pickleball Great Room Two	9:00AM-11:00AM (Open Field) Staff Y. 9:00AM-11:00AM (General) Staff Y.		9:00AM-11:00AM (General) Staff Y. 9:00AM-11:00AM (Open Field) Staff Y.		9:00AM-12:00PM (Open Field) Staff Y. 9:00AM-12:00PM (General) Staff Y.		
SilverSneakers Circuit Great Room REGISTER	11:00AM-12:00PM (Active Older Adult) Karen E.	11:00AM-12:00PM (Active Older Adult) Robert A.	11:00AM-12:00PM (Active Older Adult) Karen E.	11:00AM-12:00PM (Active Older Adult) Robert A.			
Family Play Athletic Field	4:00PM-8:00PM (Family Play) Staff Y.	7:30PM-8:00PM (Family Play) Staff Y.		7:00PM-8:00PM (Family Play) Staff Y.		10:30AM-12:45PM (Family Play) Staff Y.	
Les Mills Sprint Stage REGISTER	5:30PM-6:30PM (Les Mills) Diana C.	11:30AM-12:30PM (Les Mills) Diana C.					
Yoga Stretch Stage REGISTER		6:00PM-7:00PM (Mind Body) Lacey G.				9:30AM-10:30AM (Mind Body) Lacey G.	
Scheduled Programming Athletic Field			9:00AM-10:00AM (Scheduled Programming) Sally M. 3:00PM-6:00PM (Scheduled Programming) Staff Y.				
Functional Fitness with Friends Athletic Field REGISTER			9:00AM-10:00AM (Active Older Adult) Sally M.				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pure Strength Great Room Two REGISTER				6:00PM-7:00PM (Strength) <i>Diane S.</i>			
Zumba Great Room REGISTER				6:00PM-7:00PM (Dance) <i>Lisa T.</i>			