



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH, TEEN & FAMILY ACTIVITIES

Delaware Community Center YMCA - Fall I 2019 - August 19 - October 20

Member Registration Starts August 3, Non-Member Registration Starts August 17

CLASS NAME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	SUNDAY
Dungeons & Dragons (\$) 11-14 yrs	6:00-7:30p NG					
Ballet I (\$) 3-5 yrs		9:45-10:15a NG				1:00-1:30 PM S3
Ballet II (\$) 5+ yrs					9:15-10:00a S3	1:40-2:25 PM S3
Tap Dance (\$) 4-7 yrs		10:30-11:00a NG				
Pre-Pre-School (\$) 3-4 yrs		9:30-11:30a TH	9:30-11:30a TH	9:30-11:30a TH		
Art Explorers (\$) 7-11 yrs	1:00-1:50p 5:00-5:50p					
Cartoon Drawing (\$) 6-10 & 10+ yrs				6:15-7:00p 7:15-8:00p		
Homeschool Gym and Swim (\$) 6-12 yrs		10:00-11:45a Gym & Pool				
Intro to Martial Arts (\$) 5-10 yrs					9:30-10:00 CR	
Martial Arts 1 - Camo Kids (\$) 5-8yrs		6:00-6:45p Ages 5-6		6:00-6:45p Ages 7-8	10:00-10:45a Ages 5-8	
Martial Arts 2 (\$) 9+ yrs		6:45-7:45p CR		6:45-7:45p S3	11:00-11:55p S1	
Martial Arts 3 (\$) 10+ yrs		7:45-8:30p CR		7:45-8:30p S3	12:00a-1:00p S1	
Krav Maga & Combatives - Adult (\$)				7:00-7:45p NG		
Teen Leaders Club Grades 6+			Starts 9/5	6:00-7:00P NG		

TH - Teen Hub, S1/3 - Studio 1/3, NG - National Guard, CR - Community Room

CLASS DESCRIPTIONS

Dungeons & Dragons (Member \$34.95, Youth Member \$44.95, Non-Member \$54.95) Ages 10-15 - Mondays 6:00-7:030PM. Dungeons & Dragons is an interactive, interpersonal, completely screen-free strategy game that mixes the best parts of creative writing with quick-thinking mental math. In D&D, each child creates a unique character that can be inspired by movies, books or the video games they love. Throughout the adventure it will become apparent that every character has an assigned role that contributes to the team: a Rogue is sneaky, a Wizard casts spells, and a Fighter well... fights. What makes a child's character special are the Personality Traits, Ideals, Bonds, and Flaws they choose to guide their interactions with this fictional world. Space is limited. All supplies are included, total beginners encouraged and welcome! Recruiting adult Dungeon Master volunteers. Contact ghanafin@ymcacolumbus.org if interested. 6 Week Class starts 9/9.

More Classes on Other Side



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Ballet I (Member \$34.95, Youth Member \$44.95, Non-Member \$54.95) Ages 3-5 - Tues 9:45-10:15AM, Sunday 1:00-1:30 PM. This class will open students eyes to the beautiful world of Ballet. Here students will be introduced to the basic fundamentals of the ballet class, play movement games, basic ballet terminology, as well as classical ballet stories. Tights, leotard and ballet slippers are preferred, however an alternative to this would be a one piece bathing suit, with leggings, and bare feet. Hair tied back. Class Culminates with a Performance. 7 Week Class starts 9/3 or 9/8.

Ballet II (Member \$39.95, Youth Member \$49.95, Non-Member \$59.95) Ages 4-9 - Sunday 1:40-2:25 PM. This class will introduce and explain the basic fundamentals of the ballet, including, basic ballet technique and terminology, the dress comportment of a student, and the role of a teacher. Good manners are reinforced in this class along with the same dress code requirements for Intro to Ballet 1. Water is also suggested for this class. Class Culminates with a Performance. 7 Week Class starts 9/8.

Tap Dance (Member \$34.95, Youth Member \$44.95, Non-Member \$54.95) Ages 4-7 - Tuesday 10:30-11:00 AM. Learn the basics of Tap Dance while learning a fun routine. Class Culminates with a Performance. 7 Week Class starts 9/3.

Art Explorers & Homeschool Art Explorers. (Member \$34.95, Youth Member \$44.95, Non-Member \$54.95) Ages 7-11. Mondays 5-5:50pm or Mondays 1:00-1:50pm. Your child will have a wonderful time drawing, painting, and making friendships. We will study different artists and use different mediums throughout the class. Examples may include: color mixing, creative color wheels, abstract art, basic drawing skills, portraiture, wildlife drawings, sculpture, cartoon drawing, and more. Class fee includes art supplies. Class may be repeated as the content changes. 6 Week Class starts 9/9.

Cartoon Drawing (Member \$34.95, Youth Member \$44.95, Non-Member \$54.95) Ages 6-10- Thursdays 6:15-7:00pm, Ages 10+ - Thursdays 7:15-8:00pm. Come and enjoy the wonderful world of cartooning. We will be drawing in different styles including traditional, manga, chibi, as well as creating our own characters. 6 Week Class starts 9/5 - no class jug day.

Homeschool Gym & Swim (Member \$34.95, Youth Member \$49.95, Non-Member \$59.95 - \$5 discount for siblings) Ages 6-12, Tuesdays. Make friends, get active, learn about wellness! Students will participate in 45 minutes of Physical Education including fitness and sports. At 10:45 students will have snack and change for the pool where they will have free swim until 11:45am. A responsible adult will need to stay in the building. Bring snack, water bottle, swimsuit and towel to class. 7 Week Class starts 9/3.

Pre-Pre-School (Member \$64.95/day, Non-Member \$104.95/day - \$10 discount/day for each additional day) Ages Potty Trained to 5 years. Choose 1-3 days: Tuesdays, Wednesday, and Thursdays 9:30-11:30AM. Looking to give your child a leg-up on pre-school? Pre-Pre-School will help your little one practice numbers, letters, storytime, crafts, standing in line, raising hands, sharing, independent work, motor skills, and other important skills. Ms. Ricci and Ms. Chelsea make learning fun! In addition to classroom time, students participate in physical activity. Bring snack and water bottle. Responsible party must remain at the YMCA during class. Follows Delaware City Schools Schedule for Days Off (Snow Days, 2 Hour Delays, Spring Break, Etc...). 7 Week Class starts week of 9/3.

Intro to Martial Arts (Member \$39.95, Youth Member \$49.95, Non-Member \$69.95) Ages 5-10. Saturdays 9:30am- 10:00am. A program to introduce young kids to the martial arts and a safe way of living in this dynamic activity. Great for first time students, or young students not wanting to move into the more rigorous Camo Kids. Wear a white t-shirt and sweatpants. **7 Week Course Starts 9/7.**

Martial Arts 1 (Camo Kids) (2 Day - Member \$69.95, Youth Member \$89.95 Non-Member \$109.95) Ages 5-8. Twice a week: Saturdays 10:00am-10:45am (ages 5-8) and Tuesdays 6:00-6:45pm (ages 5-6), Thursdays 6:00-6:45pm (ages 7-8). A progressive martial arts system. For graduates of the Intro to Martial Arts program. Uniform, belt system and tournaments at add'l cost. First time students should take Intro to Martial Arts or speak to Chief Instructor Hildebrand. **9 Week Session.**

Martial Arts 2 (Moo Duk Kwan Tae Kwon Do) (Member \$89.95, Youth Member \$109.95, Non-Member \$129.95) Ages 9+ (Intermediate Belt Range). Traditional martial arts system that will instill the discipline, ethics and self-confidence that martial arts are known for. Up to 3 classes a week: Tuesday/Thursday 6:45pm-7:45pm and Saturday 11:00-11:55am. Uniform, belt system and tournaments at add'l cost. **9 Week Session.**

Martial Arts 3 (Moo Duk Kwan Tae Kwon Do) (Member \$89.95, Youth Member \$109.95, Non-Member \$129.95) Ages 10+ (Advanced Belt Range). Students from other schools welcome. Up to 3 classes a week: Tuesday/Thursday 7:45pm-8:30pm and Saturday 12:00-1:00pm. Uniform, belt system and tournaments at add'l cost. **9 Week Session.**

Adult Combative Martial Arts and Krav Maga (Joe Lewis Fighting System) (Member \$24.95, Non-Member \$39.95) Thursdays 7:00-7:45PM. This is a modern martial art that combines the methods of Combative Kickboxing and grappling techniques of Gi Tai Ju-Jitsu, to produce a class that provides a great workout while teaching you to be safe. Wear athletic clothing. **7 Week Course Starts 9/5.**

Teen Leaders Club - Grades 6+. Starts Thursday, September 5th. Join us every Thursday at 6:00-7:00PM. New members are always welcome. Teen Leaders Club is a program that brings Teens together to develop group leadership skills. Teens meet on a weekly basis, in addition to other activities, trips and volunteer opportunities. No registration necessary. Email ghanafin@ymcacolumbus.org for more information.

More Classes on Other Side