

## Fall Session 1 2019 Outdoor Youth Tennis Lessons

updated 08.05.2019

### Instructor: Dede Hibinger

- Certified Tennis Professional (PTR, USPTA, and Net Generation).
- Has taught tennis professionally for over 35 years.
- Played competitive junior tennis for 8 years.
- Current Girls Head Coach at Delaware Hayes and Boys Head Coach at Buckeye Valley.
- Certified Instructor using USTA Net Generation Programs.

Thirteen and under tennis is designed for young kids to experience early success. Court size, ball type, and racquet size are appropriate to the player's age. Participants must provide own tennis racquet. See appropriate specifications on racquet size in the descriptions below.

Please retain this sheet for your records. Submit subsequent page with all contact information at time of registration.

- **Red Ball Tennis** for ages 4-6 years old. They will play using a smaller net on a shorter court. The tennis ball is a low compression red ball and the racquet should be a junior racquet 21"-23" in length. We begin each class with eye/hand coordination drills and slowly learning how to properly hit the ball. We will end each class with games.
- **Orange Ball Tennis** for ages 7-10 years old. They will play using an orange ball and a 23"-25" racquet. We start each class with some eye/hand coordination drills and co-operation drills with a partner. We begin learning proper techniques of groundstrokes (forehand and backhand). We also learn how to serve and volley. In this group, participants will engage in rallying (hitting with a partner over the net) and playing games.
- **Green Ball Tennis** for ages 11-13 years old. We continue with eye/hand coordination drills, while moving to the regulation size net. Racquet size depends on the size of your child. The racquet can vary in size from Junior (25"-26") to an adult racquet (27"). We focus on stroke production with the forehands/backhands, serves, volleys and keeping score. We also incorporate match play and fun games to end each class.

**All classes are held at Mingo Tennis Courts.**

### Class Dates:

**September 7th - September 28th**

### Saturday class times:

- 9:00am—10:00am: Ages 11-13 (Green)
- 10:00am—11:00am: Ages 7-10 (Orange)
- 11:00am—11:45am: Ages 4-6 (Red)



### Pricing:

- 1 class / week (4 weeks) = \$44 per child

### Note:

- Please retain this page for your records.
- Submit page 2 at time of registration.

**Register in person at the Delaware YMCA, or mail completed registration form with payment to:  
Delaware YMCA, 1121 South Houk Road, Delaware, OH 43015**

Rob Morris at: [rob.morris@ymcacolumbus.org](mailto:rob.morris@ymcacolumbus.org) OR Mike Dutton at: [michael.dutton@ymcacolumbus.org](mailto:michael.dutton@ymcacolumbus.org)

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