



## **Outdoor Youth Tennis Lessons: Fall 1 Session 2019**

This youth tennis program is instructional in nature and designed to yield success for the youngest of participants. Lessons are held indoors. The ball type and racquet size are appropriate for the participant's age. Participants must provide own racquet.

**Please circle the age division for which you are registering.**

**Red Ball Tennis:** Ages 4-6 years old. They will play using a smaller net on a shorter court. The tennis ball is a low compression red ball and the racquet should be a junior racquet 21"-23" in length. We begin each class with eye/hand coordination drills and slowly learning how to properly hit the ball. We will end each class with games.

**Orange Ball Tennis:** Ages 7-10 years old. They will play using an orange ball and a 23"-25" racquet. We start each class with some eye/hand coordination drills and co-operation drills with a partner. We begin learning proper techniques of groundstrokes (forehand and backhand). We also learn how to serve and volley. In this group, participants will engage in rallying (hitting with a partner over the net) and playing games.

**Green Ball Tennis:** Ages 11-13 years old. We continue with eye/hand coordination drills, while moving to the regulation size net. Racquet size depends on the size of your child. The racquet can vary in size from Junior (25"-26") to an adult racquet (27"). We focus on stroke production with the forehands/backhands, serves, volleys and keeping score. We also incorporate match play and fun games to end each class.

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### **CITY OF DELAWARE FALL SESSION 1 YOUTH TENNIS REGISTRATION FORM 2019**

**Participant Name:** \_\_\_\_\_ **Phone:** (\_\_\_\_) \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Age:** \_\_\_\_\_ **Grade:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Gender:** Male / Female **Fee per Child: 1-Class \$44 | 2-Classes \$80 | 3-Classes \$115**

**Saturdays: Mingo Park Tennis Courts**

**Green Ball 9:00-10:00am; Orange Ball 10:00-11:00am; Red Ball 11:00-11:45am**

I do hereby stipulate and agree to indemnify and hold forever harmless the YMCA of Central Ohio and the City of Delaware against any and all claims arising from my own or my child's participation in this program.

**Parent Signature** \_\_\_\_\_

**Print Name** \_\_\_\_\_ **Date** \_\_\_\_\_



## YMCA of Central Ohio Youth Sports Program Participation

### CONCUSSIONS

I have been given a copy of the *Ohio Department of Health Concussion Information Sheet for Youth Sports Organizations*. I acknowledge that if a concussion is suspected, then the program participant will be required to provide WRITTEN clearance from a health care provider, as defined in the statute, prior to returning to participate in any YMCA activities.

### HOLD HARMLESS

In consideration for being allowed to participate in YMCA membership and programs, I agree to assume the risk of such activities and further hold harmless the YMCA, employees and volunteers from any and all claims, suits, losses, or related causes of action for damages, including, but not limited to, such claims that may result from my injury or death, accidental or otherwise, during or arising in any way from my YMCA involvement.

### PHOTO RELEASE

Membership cards will be issued and each member's photo will be taken and held in the YMCA's membership software program for identification purposes. Additionally, in consideration for being allowed to participate in YMCA membership and programs, I understand that images, video and film footage is often used by the YMCA of Central Ohio for promotional purposes. For my participation in activities to be conducted by YMCA of Central Ohio I hereby give my permission and consent, now and for all time, to YMCA of Central Ohio, the National Council of Young Men's Christian Associations of the United States of America (YMCA of the USA) and third parties collaborating with YMCA of Central Ohio to make, reproduce, edit, broadcast or rebroadcast any video film, footage, sound track recordings and photo reproductions of me and/or my narrative account of my experience at YMCA of Central Ohio, for publication, display, or exhibition thereof in promotions, advertising and legitimate business uses without any compensation to, and/or claim, by me. I may, or may not be, identified in such reproductions; however, I shall not be stated by name to have endorsed any particular commercial products or commercial services.

I have read and agree to the terms, conditions, and statements listed above.

YMCA of Central Ohio Branch Delaware Community Center Sport/Activity Youth Tennis

Participant Name (Print) \_\_\_\_\_ Date \_\_\_\_\_

Parent / Guardian \_\_\_\_\_

Signature \_\_\_\_\_