



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH, TEEN & FAMILY ACTIVITIES

Delaware Community Center YMCA - Fall II 2019 - October 21 - December 22

Member Registration Starts September 28, Non-Member Registration Starts October 6

CLASS NAME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	SUNDAY
Dungeons & Dragons (\$) 10-15 yrs	6:00-7:30p NG					
Robotics (\$) 7-11 yrs			6:00-7:30p NG			
Ballet I (\$) 3-5 yrs		9:45-10:15a NG				1:50-2:20P S3
Ballet II (\$) 5+ yrs						1:00-1:45 PM S3
NEW! Cheer I (\$) 3-5 yrs						2:25-2:55p S3
NEW! Cheer II (\$) 6-9 yrs						3:00-3:45p S3
NEW! Tap Dance (\$) 4-8 yrs		4:30-5:00p NG				
NEW! Hip Hop Dance (\$) 5-9 yrs		5:05-5:35p S3				
Pre-Pre-School (\$) 3-4 yrs		9:30-11:30a TH	9:30-11:30a TH	9:30-11:30a TH		
Art Explorers (\$) 7-11 yrs	1:00-1:50p 5:00-5:50p					
Cartoon Drawing (\$) 6-10 & 10+ yrs				6:15-7:00p 7:15-8:00p		
Homeschool Gym and Swim (\$) 6-12 yrs		10:00-11:45a Gym & Pool				
Intro to Martial Arts (\$) 5-10 yrs					9:30-10:00 CR	
NEW! Pee Wee Martial Arts (\$) 3-5 yrs		5:30-6:00 CR				
NEW! Family Martial Arts (\$) Beginner					3:30-4:15p S1	
NEW! Family Martial Arts (\$) Intermediate					4:15-5:00p S1	
Martial Arts 1 - Camo Kids (\$) 5-8yrs		6:00-6:45p Ages 5-6		6:00-6:45p Ages 7-8	10:00-10:45a Ages 5-8	
Martial Arts 2 (\$) 9+ yrs		6:45-7:45p CR		6:45 -7:45p S3	11:00-11:55p S1	
Martial Arts 3 (\$) 10+ yrs		7:45-8:30p CR		7:45-8:30p S3	12:00a-1:00p S1	

More Classes on Other Side



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Krav Maga & Combatives - Adult (\$)				7:00-7:45p NG		
Teen Leaders Club Grades 6+			Starts 9/5	6:00-7:00P NG		

TH - Teen Hub, S1/3 - Studio 1/3, NG - National Guard, CR - Community Room

Dungeons & Dragons (Member \$39.95, Youth Member \$49.95, Non-Member \$59.95) Ages 10-15 - Mondays 6:00-7:30PM. Dungeons & Dragons is an interactive, interpersonal, completely screen-free strategy game that mixes the best parts of creative writing with quick-thinking mental math. In D&D, each child creates a unique character that can be inspired by movies, books or the video games they love. Throughout the adventure it will become apparent that every character has an assigned role that contributes to the team: a Rogue is sneaky, a Wizard casts spells, and a Fighter well... fights. What makes a child's character special are the Personality Traits, Ideals, Bonds, and Flaws they choose to guide their interactions with this fictional world. Space is limited. All supplies are included, total beginners encouraged and welcome! Recruiting adult Dungeon Master volunteers. Contact ghanafin@ymcacolumbus.org if interested. **8 Week Class starts week of 10/21 - No Class Week of Thanksgiving.**

Robotics - Presented by RoboThink - Delaware City Recreation Program - (\$180) - Ages 7-11 - Wednesdays 6:00-7:30PM. In this 8 week program, students are introduced into using the RoboThink building system and how to build durable car robots. RoboThink offers academically oriented STEM programs focusing on robotics and coding for budding, intermediate or advanced students. Armed with motors, sensors, gears and mainboards, students build and code robot creations of all shapes, sizes and functions! Each session, students are introduced to engineering concepts through our trained instructors and STEM workbooks. Students are in turn, asked to apply these concepts to solve challenges, provide solutions to problems and build creative robots. No prior experience is required. **8 Week Class starts 10/26. No Class Thanksgiving Week.**

Kidz Home Alone - Presented by Enriching Kidz - Delaware City Recreation Program - (\$72) - Kids entering the 4th-6th grades. Two Day Course - Mondays, December 2 & 9, 4-6pm. Are you ready to educate your child about the responsibilities of being home alone? Our goal is to assist every student feel more comfortable while home alone. This interactive course teaches topics such as First Aid, Self-Heimlich maneuver, reasons to call 911, fire escape plans, microwave safety and how to problem solve out of the ordinary situations. A parent guide is included in the student manual which provides helpful discussion points between parent and child. Parents do not need to attend the class. Kids entering the 4th-6th grades.

Better Baby Sitters - Presented by Enriching Kidz - Delaware City Recreation Program - Two Day Course - (\$101) January 2 & 4 - 12:30-5:00 PM. Kids in 5th-8th grades. Your child will learn the responsibilities of having a job, the Rights of a Baby Sitter, CPR for a Child and Infant, Basic First Aid, Growth and Development and appropriate toys and activities for kids. They also learn diaper changing, infant care and how to feed a toddler. The most important component of the Better Baby Sitters course is that it is fun!

Ballet I (Member \$34.95, Youth Member \$44.95, Non-Member \$54.95) Ages 3-5 - Tues 9:45-10:15AM, Sunday 1:50-2:20 PM. This class will open students eyes to the beautiful world of Ballet. Here students will be introduced to the basic fundamentals of the ballet class, play movement games, basic ballet terminology, as well as classical ballet stories. Tights, leotard and ballet slippers are preferred, however an alternative to this would be a one piece bathing suit, with leggings, and bare feet. Hair tied back. Class Culminates with a Performance. **8 Week Class starts.**

Ballet II (Member \$39.95, Youth Member \$49.95, Non-Member \$59.95) Ages 4-9 - Sunday 1:00-1:45 PM. This class will introduce and explain the basic fundamentals of the ballet, including, basic ballet technique and terminology, the dress comportment of a student, and the role of a teacher. Good manners are reinforced in this class along with the same dress code requirements for Intro to Ballet 1. Water is also suggested for this class. Class Culminates with a Performance. **8 Week Class 10/27 - Ends 12/15.**

Cheer I (Member \$34.95, Youth Member \$44.95, Non-Member \$54.95) Ages 3-5 - Sunday 2:25-2:55 PM. This class will introduce and explain the basic fundamentals Cheer. Water is also suggested for this class. Class Culminates with a Performance. **8 Week Class 10/27 - Ends 12/15.**

Cheer II (Member \$39.95, Youth Member \$49.95, Non-Member \$59.95) Ages 6-9 - Sunday 3:00-3:45 PM. This class will introduce and explain the basic fundamentals Cheer. Water is also suggested for this class. Class Culminates with a Performance. **8 Week Class 10/27 - Ends 12/15.**

Tap Dance (Member \$34.95, Youth Member \$44.95, Non-Member \$54.95) Ages 4-7 - Tuesday 4:30-5:00 PM. Learn the basics of Tap Dance while learning a fun routine. Class Culminates with a Performance. **8 Week Class starts week of 10/21 - No Class Week of Thanksgiving.**

Hip Hop Dance (Member \$34.95, Youth Member \$44.95, Non-Member \$54.95) Ages 5-9 - Tuesday 5:05-5:35 PM. Learn the basics of Hip Hop while learning a fun routine. Class Culminates with a Performance. **8 Week Class starts week of 10/21 - No Class Week of Thanksgiving.**

Art Explorers & Homeschool Art Explorers. (Member \$34.95, Youth Member \$44.95, Non-Member \$54.95) Ages 7-11. Mondays 5-5:50pm or Mondays 1:00-1:50pm. Your child will have a wonderful time drawing, painting, and making friendships. We will study different artists and use different mediums throughout the class. Examples may include: color mixing, creative color wheels, abstract art, basic drawing skills, portraiture, wildlife drawings, sculpture, cartoon drawing, and more. Class fee includes art supplies. Class may be repeated as the content changes. **7 Week Class starts week of 10/21 - No Class Week of Thanksgiving.**

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Cartoon Drawing (Member \$34.95, Youth Member \$44.95, Non-Member \$54.95) Ages 6-10- Thursdays 6:15-7:00pm, Ages 10+ - Thursdays 7:15-8:00pm. Come and enjoy the wonderful world of cartooning. We will be drawing in different styles including traditional, manga, chibi, as well as creating our own characters. **7 Week Class starts week of 10/21 - No Class Week of Thanksgiving.**

Homeschool Gym & Swim (Member \$34.95, Youth Member \$49.95, Non-Member \$59.95 - \$5 discount for siblings) Ages 6-12, Tuesdays. Make friends, get active, learn about wellness! Students will participate in 45 minutes of Physical Education including fitness and sports. At 10:45 students will have snack and change for the pool where they will have free swim until 11:45am. A responsible adult will need to stay in the building. Bring snack, water bottle, swimsuit and towel to class. **8 Week Class starts week of 10/21 - No Class Week of Thanksgiving.**

Pre-Pre-School (Member \$64.95/day, Non-Member \$104.95/day - \$10 discount/day for each additional day) Ages Potty Trained to 5 years. Choose 1-3 days: Tuesdays, Wednesday, and Thursdays 9:30-11:30AM. Looking to give your child a leg-up on pre-school? Pre-Pre-School will help your little one practice numbers, letters, storytime, crafts, standing in line, raising hands, sharing, independent work, motor skills, and other important skills. Ms. Ricci and Ms. Chelsea make learning fun! In addition to classroom time, students participate in physical activity. Bring snack and water bottle. Responsible party must remain at the YMCA during class. Follows Delaware City Schools Schedule for Days Off (Snow Days, 2 Hour Delays, Spring Break, Etc...). **8 Week Class starts week of 10/21 - No Class Week of Thanksgiving.**

Intro to Martial Arts (Member \$39.95, Youth Member \$49.95, Non-Member \$69.95) Ages 5-10. Saturdays 9:30am- 10:00am. A program to introduce young kids to the martial arts and a safe way of living in this dynamic activity. Great for first time students, or young students not wanting to move into the more rigorous Camo Kids. Wear a white t-shirt and sweatpants. **7 Week Course Starts 10/26 -12/14 (no class week of Martial Arts Tournament or Thanksgiving).**

Pee Wee Martial Arts (Member \$39.95, Youth Member \$49.95, Non-Member \$69.95) Ages 3-5. Tuesdays 5:30-6:00pm. A program to introduce young kids to the martial arts and a safe way of living in this dynamic activity. Wear a white t-shirt and sweatpants. **7 Week Course Starts 10/26 -12/14. No Class Thanksgiving.**

Family Martial Arts (Member \$24.95/person, Non-Member \$34.95) Beginner: Saturdays 3:30-4:15pm. Intermediate: Saturdays 3:30-4:15pm. A program to encourage family bonding and to introduce martial arts and a safe way of living. Great for first time students or returners. Adult (parent, older sibling, family member, family friend etc...) must participate with the child. Multiple adults/children are encouraged. Wear clothes you can move (no uniform required). **7 Week Course Starts 10/26 -12/14 (no class week of Martial Arts Tournament or Thanksgiving).**

Martial Arts 1 (Camo Kids) (2 Day - Member \$89.95, Youth Member \$119.95 Non-Member \$145.95) Ages 5-8. Twice a week: Saturdays 10:00am-10:45am (ages 5-8) and Tuesdays 6:00-6:45pm (ages 5-6), Thursdays 6:00-6:45pm (ages 7-8). A progressive martial arts system. For graduates of the Intro to Martial Arts program. Uniform, belt system and tournaments at add'l cost. First time students should take Intro to Martial Arts or speak to Chief Instructor Hildebrand. **12 Week Session - 10/22/2019 - 1/4/2020**

Martial Arts 2 (Moo Duk Kwan Tae Kwon Do) (Member \$109.95, Youth Member \$145.95, Non-Member \$172.95) Ages 9+ (Intermediate Belt Range). Traditional martial arts system that will instill the discipline, ethics and self-confidence that martial arts are known for. Up to 3 classes a week: Tuesday/Thursday 6:45pm-7:45pm and Saturday 11:00-11:55am. Uniform, belt system and tournaments at add'l cost. **12 Week Session - 10/22/2019 - 1/4/2020**

Martial Arts 3 (Moo Duk Kwan Tae Kwon Do) (Member \$109.95, Youth Member \$145.95, Non-Member \$172.95) Ages 10+ (Advanced Belt Range). Students from other schools welcome. Up to 3 classes a week: Tuesday/Thursday 7:45pm-8:30pm and Saturday 12:00-1:00pm. Uniform, belt system and tournaments at add'l cost. **12 Week Session - 10/22/2019 - 1/4/2020**

Adult Combative Martial Arts and Krav Maga (Joe Lewis Fighting System) (Member \$24.95, Non-Member \$39.95) Thursdays 7:00-7:45PM. This is a modern martial art that combines the methods of Combative Kickboxing and grappling techniques of Gi Tai Ju-Jitsu, to produce a class that provides a great workout while teaching you to be safe. Wear athletic clothing. **8 Week Course Starts 10/24 (no class Thanksgiving).**

Teen Leaders Club - Grades 6+. Join us every Thursday at 6:00-7:00PM. New members are always welcome. Teen Leaders Club is a program that brings Teens together to develop group leadership skills. Teens meet on a weekly basis, in addition to other activities, trips and volunteer opportunities. No registration necessary. Email rhanafin@ymcacolumbus.org for more information.

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