

From: **YMCA of Central Ohio**
Date: Thu, Mar 12, 2020, 8:08 PM
Subject: Message from President & CEO Tony Collins

SAFEGUARDING OUR HEALTH



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Keeping you informed

Dear YMCA Family,

Thank you for being a loyal member of the YMCA of Central Ohio. The health, well being and safety of our members, participants, residents, volunteers, and staff is our top priority. Our leadership team has been monitoring the ever-changing dynamics of the COVID-19 virus and listening to the advice of Federal, State and Local government and health officials. Based on what we learn, we will be making regular adjustments to our policies, operations, and staffing models. We will be updating our management team daily and sending out regular updates to the staff so that we can serve you best.

We will also be adding additional information to [our website](#), which will provide updates to our policies and relevant information.

Stay Updated

The operational decisions we are making are in alignment with the idea of "[flattening the curve](#)" of the virus spread so that our hospital systems can be responsive to those who are sick in a timely and reasonable manner. We have a role to play in slowing the virus spread while serving the community in a healthy way. We are working with all our partners to ensure we protect at-risk populations and our YMCA members.

Thank you for your patience and commitment as we monitor and respond to this health crisis. While we don't have all the answers today, I am committed to providing regular updates to you all.

I know that the YMCA of Central Ohio has the strength and stamina to lead and serve our communities in the coming weeks; they will need us more today than perhaps ever before.

IMMEDIATE CHANGES TAKING PLACE

Based on what we learn from health and government officials and other YMCA's, we are making policy and operational changes to prevent the spread of illness. More changes may come, and we will share them with you regularly.

While our Ys remain open, we feel it is best to take precautions.

- **Beginning Saturday, March 14, all group fitness classes and programming will be canceled for the remainder of the month**, including but not limited to:
 - Youth sports
 - All chronic disease prevention classes
 - Gymnastics
 - Swim lessons
 - Child Watch
 - Kids Time/Kids Adventure
 - Preschool
 - Before & After School Care
 - Water fitness
 - Free and paid group fitness classes
- All equipment/toys that cannot be easily cleaned will be removed from play areas and remain out of use.
- Equipment usage will be lessened so that members are not side-by-side on cardio and strength machines.
- It is important that we practice social distance as recommended by national, state and local health officials.

STOP THE SPREAD

Health officials continue to advise us to focus on the importance of being vigilant in our efforts to prevent the spread of illness. To that end, we can all immediately continue to support a healthy workplace and community by following these common-sense precautions from the Centers for Disease Control (CDC):

- Wash hands frequently with soap and water, and for at least 20 seconds per hand.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your mouth and nose with a tissue when you cough or sneeze.
- Practice good cough and sneeze etiquette.
- Clean and disinfect your work-space and shared work areas.
- When appropriate, utilize conference calls or virtual meetings rather than in-person meetings.
- The 'elbow bump' is the new high-five when you see a colleague or friend at the Y.
- Stay home when you feel ill.

Across our branches and camps, we have enhanced our current cleaning protocols and are working with facility teams to ensure an appropriate level of cleaning and disinfecting supplies are onsite at each facility. Please note that our current wipes and our disinfectant sprays are hospital grade. We have ordered additional hand sanitizer and cleaning supplies for locations.

During this challenging time, we appreciate your continued patience and support. The YMCA of Central Ohio is committed to serving our community.

Again, thanks for all you do and for your loyalty to the YMCA.

In the spirit of our movement,

Tony Collins
 Chief Executive Officer
 YMCA OF CENTRAL OHIO



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YMCA OF CENTRAL OHIO

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We'd like to communicate with you in ways that work for you.