



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# March 16 - May 10 Gym Schedule

## REYNOLDSBURG COMMUNITY CENTER YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Court #1</b>						
Open Gym 11:00AM - 3:00PM	Open Gym 5:30AM - 5:00PM	Open Gym 5:30AM - 9:15AM	Open Gym 5:30AM - 5:00PM	Open Gym 5:30AM - 5:45PM	Open Gym 5:30AM - 5:30PM	Open Gym 7:00AM - 10:00AM
		<b>Silver Sneakers Cardio Fit - Denise 9:30AM - 10:20AM</b>				Open Pickleball 10:00AM - 12:00PM
	Youth Volleyball Classes 5:00PM - 7:15PM	Open Gym 10:30AM - 5:45PM				Open Gym 12:00PM - 3:00PM
		<b>Zumba® - Denise 6:00PM - 6:50PM</b>				
Family Gym 3:00PM - 4:30PM	Open Gym 7:30PM - 8:30PM	Open Volleyball 7:00PM - 8:30PM	Youth Sports Skills Classes 5:00PM - 8:30PM	Open Volleyball 6:00PM - 8:30PM	Family Gym 5:30PM - 7:30PM	Family Gym 3:00PM - 4:30PM
<b>Court #2</b>						
Open Gym 11:00AM - 3:00PM	Open Gym 5:30AM - 9:15AM	Open Gym 5:30AM - 5:45PM	Open Gym 5:30AM - 5:45PM	Open Gym 5:30AM - 10:00AM	Open Gym 5:30AM - 12:00PM	Open Gym 7:00AM - 10:00AM
	<b>Zumba Gold® - Denise 9:30AM - 10:20AM</b>			Open Pickleball 10:00AM - 12:00PM	Open Pickleball 12:00PM - 2:00PM	Open Pickleball 10:00AM - 12:00PM
	Open Gym 10:30AM - 5:45PM			Open Gym 12:00PM - 5:45PM	Open Gym 2:00PM - 5:30PM	Open Gym 12:00PM - 3:00PM
Family Gym 3:00PM - 4:30PM	Adult Basketball 6:00PM - 8:30PM	Adult Volleyball 6:00PM - 8:30PM	Adult Basketball 6:00PM - 8:30PM	Adult Volleyball 6:00PM - 8:30PM	Kids Adventure 5:30PM - 7:30PM	Family Gym 3:00PM - 4:30PM
<b>CLOSE AT 4:30PM</b>	<b>CLOSE AT 8:30PM</b>	<b>CLOSE AT 8:30PM</b>	<b>CLOSE AT 8:30PM</b>	<b>CLOSE AT 8:30PM</b>	<b>CLOSE AT 7:30PM</b>	<b>CLOSE AT 4:30PM</b>

# GYM RULES

## REYNOLDSBURG COMMUNITY CENTER YMCA

- Profanity, abuse of gym equipment/facilities or physical/verbal assaults will result in immediate removal from the facility.
- A shirt must be worn at all times
- No Dunking: This includes grabbing or hanging on the rim and net
- All Basketballs and Volleyballs must be checked out at the Welcome Center: A YMCA key tag is required
- Please do not kick balls in the gym
- Please keep your valuables at home; the YMCA is not responsible for belongings that are lost or stolen
- Unauthorized lessons of any kind are strictly prohibited
- Participants in the gym must be members or paying guests
- Guests must be with a member

### Family Court Time

- Family Court time will be reserved for kids and families, ages 12 and younger
- Members 9 years of age and under must be with a parent/guardian present in the gym at all times
- Baskets may be lowered during this time

### Adult Pick Up Basketball

- Adult Pick Up Basketball is reserved for YMCA Members, ages 18 years or older, ONLY.
- Write your name on the sign-in sheet to reserve your spot.
- Games played to 11 (by ones, win by 1) when 4 players or less are on the sign-in sheet.
- Play to 8 if 5 or more are waiting.
- There is a 2 game MAX, then winning team must rotate out.
- Unsportsmanlike conduct will not be tolerated.
- Players must abide by YMCA gym rules.
- The YMCA staff has the authority to ask any participant member to leave the gym or revoke privileges for inappropriate behavior.