

YMCA CREATIVE ARTS CENTER CLASS DESCRIPTIONS 2024-2025

EXTRAORDINARY (AGES 5-28)-This class is specially designed for students with any extraordinary/special need. Every class will have warm up, stretching, and center exercises. Our goal is to help to develop social skills, coordination, balance, self expression, creativity, and flexibility all while having fun! This class participates in Pumpkin Show activities (optional) and our spring performance. Please wear comfortable clothes- nothing too baggy.

MOMMY & ME (AGES 12-36 MONTHS)- A 30 minute ballet and creative movement class to develop coordination, balance, self-expression, and creativity. **A care-taker is required in the dance room.** Class apparel- Pink ballet slippers, pink tights, pink leotard, hair up and out of face.

CREATIVE MOVEMENT (AGES 2-3)- A 45 minute ballet and creative movement class to develop coordination, balance, self-expression, and creativity. Class apparel- Pink ballet slippers, pink tights, pink leotard, hair up and out of face.

PRE-DANCE 1 (AGE 4)-A 45 minute ballet class. Students begin to learn fundamental ballet terminology using creative movement and imaginative play. Class apparel- Pink ballet slippers, pink tights, pink leotard, hair up and out of face.

PRE-DANCE 2/3 (AGES 5-6)- A 45 minute ballet class and a 45 minute tap class. Dancers are introduced to the ballet barre and more complicated ballet terminology and tap steps, while developing rhythm and proper body placement. Class apparel- Pink ballet slippers, black tap shoes, pink tights, pink leotard, hair in bun.

BEGINNER/INTERMEDIATE (AGES 7-8)- A 45 minute ballet class, 45 minutes of tap, and 45 minutes of jazz. More advanced terminology is introduced in ballet, tap, and jazz. Class apparel- Pink ballet slippers, black tap shoes, black jazz shoes, pink tights, black leotard, hair in bun.

ADVANCED 1 (AGE 9)- A 45 minute ballet class, 45 minutes of tap, and 45 minutes of jazz. Dancers begin to learn multidimensional ballet, tap, and jazz terminology and combinations. In ballet, pre-pointe exercises are used to strengthen feet for future pointe work. Strength & Stretch offered to this class. Class apparel- Pink ballet slippers, black tap shoes, black jazz shoes, pink tights, black leotard, hair in bun.

ADVANCED 2 (AGE 10)- A 45 minute ballet class, 45 minutes of tap, and 45 minutes of jazz. Dancers continue to prepare for pointe work in ballet while continuing to advance their tap and jazz terminology. Self-correction of terminology is taught as well. Strength & Stretch offered to this class. Class apparel- Pink ballet slippers, black tap shoes, black jazz shoes, pink tights, black leotard, hair in bun.

EXPERIENCED 1 (AGES 11+ AND PLACED BY DIRECTOR)- A 60 minute ballet class, 45 minutes of tap, and 45 minutes of jazz. Students can choose which style(s) they will participate in. Dancers typically spend 2-3 years at this level. Strength & Stretch offered to this class. Class apparel- Pink ballet slippers, black tap shoes, black jazz shoes, pink tights, any color leotard, hair in bun.

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EXPERIENCED 2 (AGES 11+ AND PLACED BY DIRECTOR)- A 60 minute ballet class, 45 minutes of jazz, 45 minutes of Contemporary and 45 minutes of tap. Students can choose which style(s) they will participate in. Dancers will receive Pointe shoes only with director's approval. Self-expression and artistry are being developed in classes. Dancers typically spend 2-3 years at this level. Strength & Stretch offered to this class. Class apparel- Pink ballet slippers, black tap shoes, black jazz shoes, contemporary shoes, pink tights, any color leotard, hair in bun.

EXPERIENCED 3 (AGES 11+ AND PLACED BY DIRECTOR)- Our most advanced level of dance. A 60 minute ballet class, 45 minutes of jazz, 45 minutes of Contemporary and 45 minutes of Modern. Students can choose which style(s) they will participate in. Dancers will receive Pointe shoes only with director's approval. Dancers will continue to learn advanced terminology, and continue to develop their performance skills and artistry. Dancers typically spend 2-4 years at this level. Class apparel- Pink ballet slippers, black jazz shoes, contemporary shoes, pink tights, any color leotard, hair in bun.

HIP-HOP 1 AND 2 (AGES 5+)- A 45 minute class that includes a wide range of styles, including 'popping, locking, breaking' and social dances. Strength & Stretch offered to Hip Hop 2. Class apparel- comfortable clothes (nothing too baggy), tennis shoes or black jazz shoes (these are required for all performances), hair pulled back and out of the face.

FLEXIBILITY & STRENGTH (AGES 9+)- A 45 minutes class that is designed to include fun and challenging workouts that target the entire body utilizing a variety of traditional, functional, and strength training tools. This class is for the student looking to increase their flexibility and strength. Class apparel- comfortable clothing with hair pulled back and out of face. Shoe preference is up to the student. No street shoes.

BATON (AGES 6+)- Students will learn the fundamentals of twirling (handspins, flat and horizontal twirls, tosses, etc.) and marching. Hand/eye coordination and rhythm are developed while combining twirling with basic dance steps. Partner and group formations are utilized. Baton registration is open at the beginning of the season only. Class apparel- comfortable clothes (nothing too baggy), tennis shoes or black jazz shoes (these are required for all performances), hair pulled back and out of face.

YOUTH ART (AGES 6+)- This class is for any child who loves art and who may be looking for another way to express their creativity or just wanting to learn new art mediums. Each week students will participate in projects that explore various art mediums. Supplies are provided. Please do not wear your best clothes to class. *Must register at least 1 week before the session begins.*

INTRO TO THEATRE (AGES 6+)- Learn the basics of Theatre including creative acting, public speaking, storytelling, and more! Specific program details to be determined before sessions begin. Please wear comfortable clothes you can move in and closed toe shoes. *Must register at least 1 week before session begins.*