

YMCA CREATIVE ARTS CENTER CLASS DESCRIPTIONS 2026-2027

EXTRAORDINARY (Ages 5–23)

This class is specially designed for students with extraordinary abilities or special needs. Each class includes warm-up, stretching, and center exercises. Our goal is to develop social skills, coordination, balance, self-expression, creativity, and flexibility while having fun! Students have the opportunity to participate in Pumpkin Show activities (optional) and our Spring Performance. **Class Apparel:** Comfortable clothing (nothing too baggy).

PRE-DANCE (Ages 3–6)

A ballet and tap combination class where students learn fundamental ballet and tap terminology through creative movement and imaginative play. **Class Apparel:** Pink ballet slippers, black tap shoes, pink tights, pink leotard, and hair in a bun for girls. Boys should wear a white T-shirt, black athletic shorts, black ballet slippers, and black tap shoes.

BEGINNER (Ages 7–8)

This class includes a 45-minute ballet class, a 30-minute tap class, and a 45-minute jazz class. Students may enroll in one or more styles based on their interests and placement. Students continue building their ballet, tap, and jazz technique while learning more advanced terminology and combinations. **Class Apparel:** Pink ballet slippers, black tap shoes, black jazz shoes, tan tights, black leotard, and hair in a bun for girls. Boys should wear a white T-shirt, black athletic shorts, black ballet slippers, black tap shoes, and black jazz shoes.

ADVANCED (Ages 9–10)

This class includes a 45-minute ballet class, a 45-minute tap class, and a 45-minute jazz class. Students may enroll in one or more styles based on their interests and placement. Dancers continue developing ballet, tap, and jazz technique while learning more complex terminology and combinations. Ballet classes include pre-pointe exercises to strengthen the feet for future pointe work. **Class Apparel:** Pink ballet slippers, black tap shoes, black jazz shoes, tan tights, black leotard, and hair in a bun for girls. Boys should wear a white T-shirt, black athletic shorts, black ballet slippers, black tap shoes, and black jazz shoes.

EXPERIENCED (Ages 11+ • Placement by Director)

This level includes a 60-minute ballet class, a 45-minute jazz class, a 45-minute contemporary class, and a 45-minute tap class. Students may enroll in one or more styles based on their interests and placement. Self-expression, artistry, and technical skills continue to develop at this level. Pointe shoes are permitted only with director approval. Dancers typically spend 2–3 years at each Experienced level. **Class Apparel:** Girls should wear pink ballet slippers, tan tights, a leotard of any color, and hair in a bun. Boys should wear black ballet slippers. All students will also need black tap shoes, black jazz shoes, and contemporary shoes.

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HIP-HOP (Ages 5+)

This 45-minute class explores a variety of hip-hop styles, including popping, locking, breaking, and social dances. Students build rhythm, coordination, confidence, and performance skills in a fun, energetic environment. **Class Apparel:** Comfortable clothing, tennis shoes or black jazz shoes (black jazz shoes are required for performances), and hair pulled back and out of the face.

BATON (Ages 6+)

Students learn the fundamentals of baton twirling, including hand spins, flat and horizontal twirls, tosses, marching, and basic dance movements. Hand-eye coordination, rhythm, teamwork, and performance skills are developed through individual, partner, and group routines. **Class Apparel:** Comfortable clothing (nothing too baggy), tennis shoes or black jazz shoes (black jazz shoes are required for performances), and hair pulled back and out of the face.

YOUTH ART (Ages 6+)

This class is designed for students who love art, are looking for a creative outlet, or want to explore new artistic mediums. Each week, students create projects using a variety of art materials and techniques. All supplies are provided. Please do not wear your best clothes to class. **Registration is required at least one week before the session begins.**

INTRO TO THEATRE (Ages 6+)

Learn the fundamentals of theatre through creative acting, storytelling, improvisation, public speaking, and more! Program activities may vary by session. Please wear comfortable clothing you can move in and closed-toe shoes. **Registration is required at least one week before the session begins.**